



City of Richmond Aging & Disabilities Advisory Board (ADAB)

**Bi-Annual Presentation to City of Richmond
Education & Human Services Standing Committee**

December 5, 2019

Presented by

Charles Barker, Chairman & Kim Adams, Vice Chair

Aging & Disabilities Advisory Board Members

Charles Barker, Chairman - 6th & 7th Council Districts

Kimberly Adams, Vice Chairman – 2nd Council District

Cora Dickerson - 5th Council District

A. Lynn Ivey, III – 1st Council District

E. Yvette Jones – City of Richmond Representative
4th Council District

Melanie Lee, Esq. – Elder Law Attorney

Timothy Nesselrodt - Business Representative

Gabrielle Bibb - 9th Council District

Purpose

The purpose of the Aging and Disabilities Advisory Board (ADAB) is described in Section 2-1068 (A) of Ordinance 2011-150-158:

The board shall provide advice and recommendations to City Council on matters concerning older adults and individuals with disabilities.

The board shall also:

- Provide a report of the board's advice and recommendations as required by this subsection and upon the request of City Council.

Purpose

- ❖ The board shall develop and make available for public comments an assessment of the local needs and priorities for older adults and individuals with disabilities.
- ❖ The board shall provide other assistance and advice to local government as may be requested.
- ❖ The board shall also work with the community to develop and increase access to consumer-oriented and community based services for older adults and individuals with disabilities.

ADAB Goal

- ❖ To create, educate and identify stakeholders providing services to meet the needs of older adults and those with disabilities in the City of Richmond.

ADAB Updates

- ❖ Convened a meeting with major transportation providers to discuss transportation issues affecting older adults and individuals with disabilities
- ❖ Conducted first Veterans Law Day on October 23, 2019 providing veterans, their spouses and widows and widowers of veterans with a free Will, Power of Attorney and Advance Medical Directive
- ❖ Identified funding for the Annual Centenarian Celebration

ADAB Updates

- ❖ Implemented a Meet and Greet on August 1st for young adults 18-25 years of age with disabilities to a movie night
- ❖ Implemented a Disability Resource and Employment Expo on October 17th in recognition of National Disability Employment Awareness Month.
- ❖ Provided 100 Thanksgiving meals on November 26th to include a turkey and all the sides for a complete meal

New ADAB Community Impact Initiatives

- ❖ F.R.E.E. Foundation Program
- ❖ Snow Removal Efforts
- ❖ Smart Homes
- ❖ Smoke & Carbon Monoxide Monitors
- ❖ ADAB Monthly Presentations

ADAB Community Impact Initiative

F.R.E.E. Foundation

- ❖ The Foundation for Rehabilitation Equipment and Endowment (F.R.E.E.) is a volunteer-led non-profit that provides mobility rehabilitation equipment to help people regain their mobility and independence.
- ❖ F.R.E.E. collects, sanitizes, repairs and gifts donated mobility equipment to uninsured and underinsured adults in Virginia. When F.R.E.E. gifts equipment, falls and medical costs drop by over 80%.
- ❖ Those in need regain their mobility and independence and Virginians save millions of dollars annually.

ADAB Community Impact Initiative

F.R.E.E. FOUNDATION

- ❖ Created a flyer and application process for residents to gain access to the F.R.E.E. Foundation's adaptive equipment and the opportunity for residents to donate their gently used equipment.
- ❖ Beginning January 6th, residents in each of the 9 Council Districts will be able to donate or receive equipment through the F.R.E.E. Foundation.
- ❖ A large number of requests for hospital beds and wheelchairs have been resolved for individuals in hospice or those who may need additional assistance at home.

ADAAB Community Impact Initiative

SNOW REMOVAL

- ❖ In partnership with Senior Connections' volunteer program, organized a volunteer driven snow removal campaign
- ❖ This free volunteer service will assist vulnerable individuals in exiting their homes during winter weather. Those targeted include dialysis patients and older adults
- ❖ Volunteers are recruited and trained by Senior Connections staff and are insured under their coverage
- ❖ Individuals seeking assistance can call OAPD's senior/disability helpline 804.646.1082 or Senior Connections 804.343.3000
- ❖ The program will be promoted by both OAPD and Senior Connections.

ADAB Community Impact Initiative

SMART HOMES

- ❖ In an effort to assist older adults and individuals with disabilities, the ADAB is exploring ways to make homes more accessible.
- ❖ This would include controlling the temperature of a home, lighting, home alarm system, electronic door openers, and use of artificial intelligence such as Alexa, etc.
- ❖ Smart home technicians have met with the ADAB Chair, to discuss various services available
- ❖ Once technical support has been identified, educational sessions will be offered through OAPD

ADAB Community Impact Initiative

SMART HOMES

- ❖ In partnership with AARP Virginia, free digital timers will be available in January 2020 to support older adults and individuals with disabilities in their homes as a safety measure to control lighting
- ❖ Available timers will be available through OAPD's senior/disability helpline

ADAB Community Impact Initiative

SMOKE & CARBON MONOXIDE MONITORS

In partnership with AARP Virginia, free smoke and carbon monoxide monitors will be available to older adults and individuals with disabilities at no cost

Each monitor will be installed by the Richmond Department of Fire and Emergency Services

Interested residents can simply call OAPD's senior/disability helpline to have a monitor installed

ADAB Community Impact

MONTHLY PRESENTATIONS

- ❖ November 2019 - U.S. Census Bureau
Tameka Jefferson, Partnership Specialist
U.S. Census Bureau, Philadelphia Regional Census Center
- ❖ October 2019 - Estate Planning
Morrissett Funeral Home - Kaylinn Benezar, Advance
Planning Specialist, Funeral Director,
Secretary/Treasurer, CPC, CCSP
- ❖ September 2019 - Services for Vision Impaired Individuals
Virginia Department for the Blind & Vision Impaired
Karen Kahn, M.S., CRC, Business Relations Specialist; and
Robin Hoerber, Rehabilitation Teacher

ADAB Community Impact

MONTHLY PRESENTATIONS

- ❖ June 2019 - Goodwill Central Virginia (Several Goodwill staff members presented)
- ❖ May 2019 - Transportation (Panel Discussion)
 - GRTC
 - Veterans Administration
 - UBER
 - Richmond Ambulance Authority
 - Senior Connections
 - UZURV
 - Lyft
- ❖ April 2019 - Medicare and Medicaid Benefits
Virginia Senior Services - Peter Rousseau, Senior Benefits Advisor (Medicare/Medicaid Specialist)

ADAB Community Impact MONTHLY PRESENTATIONS

- ❖ March 2019 - Alzheimer's Association
Tina Thomas, Director of Programs and Services
- ❖ February 2019 - Disability Employment Services
Virginia Department for the Aging and Rehabilitative
Services (DARS)
William Sutton, Workforce Development Specialist
- ❖ January 2019 - meeting cancelled due to inclement
weather









Richmond Aging & Disabilities Advisory Board Meetings

Meeting Dates: First Thursday of each month
(Excluding July and August)

Time: 10:00 am – Noon

Location: Goodwill of Central Virginia
6301 Midlothian Turnpike
Richmond, VA 23235

Or

Email Concerns To: agingdisabilitybd@richmondgov.com

Or

Senior/Disability Helpline 804.646.1082

For Special Accommodations Call 804.646.5823

THANK
YOU!