INTRODUCED: July 27, 2020

AN ORDINANCE No. 2020-177

To authorize the special use of the properties known as 618 North 32nd Street and 620 North 32nd Street for the purpose of permitting the expansion of an existing adult care residence from 27 residents to 40 residents, upon certain terms and conditions.

Patron – Mayor Stoney (By Request)

Approved as to form and legality by the City Attorney

PUBLIC HEARING: SEP 14 2020 AT 6 P.M.

WHEREAS, the owner of the properties known as 618 North 32nd Street and 620 North 32nd Street, which are situated in a R-63 Multifamily Urban Residential District, desires to use such properties for the purpose of the expansion of an existing adult care residence from 27 residents to 40 residents, which use, among other things, is not currently allowed by section 30-419.2 of the Code of the City of Richmond (2015), as amended; and

WHEREAS, in accordance with section 17.11 of the Charter of the City of Richmond (2010), as amended, it has been made to appear that, if granted subject to the terms and conditions set forth in this ordinance, the special use granted by this ordinance will not be detrimental to the safety, health, morals and general welfare of the community involved, will not tend to create

AYES:	0	NOES:	8	ABSTAIN:	1
		_		-	
ADOPTED:		REJECTED:	DEC 14 2020	STRICKEN:	

congestion in streets, roads, alleys and other public ways and places in the area involved, will not create hazards from fire, panic or other dangers, will not tend to overcrowding of land and cause an undue concentration of population, will not adversely affect or interfere with public or private schools, parks, playgrounds, water supplies, sewage disposal, transportation or other public requirements, conveniences and improvements, and will not interfere with adequate light and air; and

WHEREAS, (i) the City Planning Commission has conducted a public hearing to investigate the circumstances and conditions upon which the Council is empowered to authorize such use, (ii) the City Planning Commission has reported to the Council the results of such public hearing and investigation and its recommendations with respect thereto, and (iii) the Council has conducted a public hearing on this ordinance at which the person in interest and all other persons have had an opportunity to be heard;

NOW, THEREFORE,

THE CITY OF RICHMOND HEREBY ORDAINS:

§ 1. **Finding.** Pursuant to section 30-1050.1 of the Code of the City of Richmond (2015), as amended, the Council hereby finds that the special use set forth in and subject to the terms and conditions of this ordinance will not (i) be detrimental to the safety, health, morals and general welfare of the community involved, (ii) tend to create congestion in streets, roads, alleys and other public ways and places in the area involved, (iii) create hazards from fire, panic or other dangers, (iv) tend to overcrowding of land and cause an undue concentration of population, (v) adversely affect or interfere with public or private schools, parks, playgrounds, water supplies, sewage disposal, transportation or other public requirements, conveniences and improvements, or (vi) interfere with adequate light and air.

§ 2. Grant of Special Use Permit.

- (a) Subject to the terms and conditions set forth in this ordinance, the properties known as 618 North 32nd Street and 620 North 32nd Street and identified as Tax Parcel Nos. E000-0728/003 and E000-0728/002, respectively, in the 2020 records of the City Assessor, being more particularly described in a survey entitled "Plat Showing Existing Property on 618–620 N. 32nd Street," prepared by Concierge Construction Consulting, LLC, and dated July 28, 2015, a copy of which is attached to and made a part of this ordinance as an inset on sheet 1 of the plans entitled "Adult Home Addition, 618–620 N. 32nd Street," prepared by Concierge Construction Consulting, LLC, dated July 28, 2015, and last revised September 3, 2015, hereinafter referred to as "the Property," is hereby permitted to be used for the purpose of the expansion of an existing adult care residence, from 27 to 40 residents hereinafter referred to as "the Special Use," substantially as shown on the plans entitled "Adult Home Addition, 618–620 N. 32nd Street," prepared by Concierge Construction Consulting, LLC, dated July 28, 2015, and last revised September 3, 2015, hereinafter referred to as "the Plans," copies of which are attached to and made a part of this ordinance.
- (b) The adoption of this ordinance shall constitute the issuance of a special use permit for the Property. The special use permit shall inure to the benefit of the owner or owners of the fee simple title to the Property as of the date on which this ordinance is adopted and their successors in fee simple title, all of which are hereinafter referred to as "the Owner." The conditions contained in this ordinance shall be binding on the Owner.
- § 3. **Special Terms and Conditions.** This special use permit is conditioned on the following special terms and conditions:

- (a) The Special Use of the Property shall be as an adult care residence, substantially as shown on the Plans and in accordance with the applicant's report and the 54-page management plan, both of which are attached to and made a part of this ordinance.
 - (b) Twenty-four hour supervision shall be provided for all residents.
- (c) Occupancy of the adult care residence shall be limited to a maximum of 40 residents within an age range of 18 years old to 55 years old.
- (d) The adult care residence shall be licensed by and remain in compliance with all applicable regulations of the Commonwealth of Virginia.
 - (e) Alcohol or substance abuse treatment shall not be provided on the Property.
- (f) Identification of the Property shall be limited to two signs not exceeding three square feet each in area, which shall be located at the lower level entrance to the Property. These signs may be illuminated by external means, provided that the source of any such illumination is not visible from adjacent properties or public streets. One freestanding sign may be located on the Property, subject to the approval of the Director of Planning and Development Review in accordance with applicable laws and regulations.
 - (g) No off-street parking shall be required for the Special Use.
- § 4. **Supplemental Terms and Conditions.** This special use permit is conditioned on the following supplemental terms and conditions:
- (a) All required final grading and drainage plans, together with all easements made necessary by such plans, must be approved by the Director of Public Utilities prior to the issuance of the building permit.
- (b) Storm or surface water shall not be allowed to accumulate on the land. The Owner, at its sole cost and expense, shall provide and maintain at all times adequate facilities for the

drainage of storm or surface water from the Property so as not to adversely affect or damage any other property or public streets and the use thereof.

- (c) Facilities for the collection of refuse shall be provided in accordance with the requirements of the Director of Public Works. Such facilities shall be located or screened so as not to be visible from adjacent properties and public streets.
- (d) Any encroachments existing, proposed on the Plans or contemplated in the future shall require separate authorization and shall be subject to the applicable provisions of the Code of the City of Richmond (2015), as amended, and all future amendments to such laws.
- (e) The Owner shall make improvements within the public right-of-way, including installation of street trees along North 32nd Street, which improvements may be completed in one or more phases as approved by the Director of Public Works. All improvements and work within the public right-of-way shall be (i) completed in accordance with the requirements of the Director of Public Works, (ii) considered completed only upon written confirmation by the Director of Public Works that such improvements and work are in accordance with such requirements, and (iii) transferred to the City, following written confirmation by the Director of Public Works, pursuant to a transfer of interest document approved as to form by the City Attorney and accepted by the Chief Administrative Officer or the designee thereof on behalf of the City. The Chief Administrative Officer or the designee thereof, for and on behalf of the City, is hereby authorized to accept, in the manner for which this subsection provides, all improvements and work required by and meeting the requirements of this subsection. The final certificate of occupancy shall not be issued for the Property until all requirements of this subsection are fully satisfied.
- (f) In all other respects, the use of the Property shall be in accordance with the applicable underlying zoning regulations.

- § 5. **General Terms and Conditions.** This special use permit is conditioned on the following general terms and conditions:
- (a) No permit implementing this special use permit shall be approved until satisfactory evidence has been presented to the Zoning Administrator that any delinquent real estate taxes applicable to the Property have been paid.
- (b) The Owner shall be bound by, shall observe and shall comply with all other laws, ordinances, rules and regulations applicable to the Property, except as otherwise expressly provided in this ordinance.
- (c) Words and phrases used in this ordinance shall be interpreted to have the meanings ascribed to them by section 30-1220 of the Code of the City of Richmond (2015), as amended, unless the context clearly indicates that a different meaning is intended.
- (d) Notwithstanding any other provision of law, this special use permit is being approved due, in part, to the mitigating effects of each and every condition attached hereto; consequently, if any portion of this ordinance is determined to be invalid for any reason by a final, non-appealable order of any Virginia or federal court of competent jurisdiction, the invalidity shall cause the entire ordinance to be void and of no further effect from the effective date of such order.
- (e) The privileges granted by this ordinance may be revoked pursuant to the provisions of sections 30-1050.7 through 30-1050.11 of the Code of the City of Richmond (2015), as amended, and all future amendments to such laws. Failure to comply with the terms and conditions of this ordinance shall constitute a violation of section 30-1080 of the Code of the City of Richmond (2015), as amended, and all future amendments to such law, or any other applicable laws or regulations.

(f) When the privileges granted by this ordinance terminate and the special use permit

granted hereby becomes null and void, whether as a result of the Owner relinquishing this special

use permit in a writing addressed to the Director of Planning and Development Review or

otherwise, use of the Property shall be governed thereafter by the zoning regulations prescribed

for the district in which the Property is then situated.

§ 6. **Implementation.** The Commissioner of Buildings is authorized to issue a building

permit substantially in accordance with the Plans for the Special Use subject to the terms and

conditions set forth in this ordinance. An application for the building permit shall be made within

730 calendar days following the date on which this ordinance becomes effective. If either the

application for the building permit is not made within the time period stated in the previous

sentence or the building permit terminates under any provision of the Virginia Statewide Building

Code, this ordinance and the special use permit granted hereby shall terminate and become null

and void.

§ 7. **Effective Date.** This ordinance shall be in force and effect upon adoption.

A TRUE COPY:

TESTE:

City Clerk

7

City of Richmond

900 East Broad Street 2nd Floor of City Hall Richmond, VA 23219 www.richmondgov.com

Item Request

File Number: PRE.2019.648

DE REFERENCEST

JAN 29 2020

O & R Request

Office of the Chief Administrative Officer

DATE:

January 24, 2020

EDITION:1

TO:

The Honorable Members of City Council

THROUGH: The Honorable Levar M. Stoney, Mayor (Patron: Mayor, by Request)

(This in no way reflects a recommendation on behalf of the Mayor)

THROUGH: Lenora G. Reid, Acting Chief Administrative Officer

THROUGH: Sharon L. Ebert, Deputy Chief Administrative Officer for Economic Development

Planning

FROM:

Mark A. Olinger, Director, Department of Planning and Development Review

RE:

To authorize the special use of the properties know as 618 and 620 North 32nd Street for the

purpose of an adult care residence, upon certain terms and conditions.

ORD. OR RES. No.

PURPOSE: To authorize the special use of the properties know as 618 and 620 North 32nd Street for the purpose of an adult care residence, upon certain terms and conditions.

REASON: The existing facility is located within two buildings and are located on two parcels within an R-63 Multifamily Urban Residential zoning district. The buildings serve as an existing assisted living facility housing 27 residents. The applicant is proposing an expansion of the facility to increase the number of tenants from 27 to 40. A special use permit is therefore required.

RECOMMENDATION: In accordance with the requirements of the City Charter and the Zoning Ordinance, the City Planning Commission will review this request and make a recommendation to City Council. This item will be scheduled for consideration by the Commission at its March 16, 2020, meeting. A letter outlining the Commission's recommendation will be forwarded to City Council following that meeting.

BACKGROUND: The subject properties are a 2,752 SF corner lot adjacent to a 3,015 SF lot, which are situated on the southwest comer of the intersection of North 32nd and M Streets, in the Church Hill neighborhood of the East planning district.

Situated on the lots are two-story brick buildings which comprise an adult care residence use that provides housing for a total of 27 residents. The applicant proposes expanding the existing assisting living facility from 27 to 40 occupants.

The City of Richmond's Master Plan designates the subject property for Mixed-Use Residential land use. "Primary uses include single-, two-, and multi-family dwellings, live/work units and neighborhood serving commercial uses developed in a traditional urban form" (p. 304).

FISCAL IMPACT / COST: The subject property and properties to the west, south and east are located in the same R-63 district. Properties to the north, across M Street are located in the R-6 Single-Family Attached Residential District. A mix of vacant, single-, two- and multi-family land uses are present in the vicinity.

FISCAL IMPACT / COST: The Department of Planning and Development Review does not anticipate any impact to the City's budget for this or future fiscal years.

FISCAL IMPLICATIONS: Staff time for processing the request; preparation of draft ordinance; and publishing, mailing and posting of public notices.

BUDGET AMENDMENT NECESSARY: No.

REVENUE TO CITY: \$1,800 application fee

DESIRED EFFECTIVE DATE: Upon adoption

REQUESTED INTRODUCTION DATE: February 24, 2020

CITY COUNCIL PUBLIC HEARING DATE: March 23, 2020

REQUESTED AGENDA: Consent

RECOMMENDED COUNCIL COMMITTEE: None

CONSIDERATION BY OTHER GOVERNMENTAL ENTITIES: City Planning Commission

March 16, 2020

AFFECTED AGENCIES: Office of Chief Administrative Officer

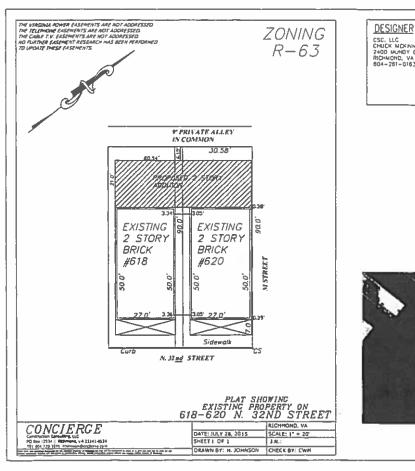
Law Department (for review of draft ordinance)

RELATIONSHIP TO EXISTING ORD. OR RES.: None

REQUIRED CHANGES TO WORK PROGRAM(S): None

ATTACHMENTS: Application Form, Draft Ordinance, Plans, Survey, Management Plan

STAFF: Leigh V. Kelley, Senior Planner, Land Use Administration (Room 511) 646-6384



DESTRUCTION OF THE PROPERTY OF

BUILDING CODE

1. USE GROUP: MUR

2. CONSTRUCTION TYPE; IIIB

3. APPLICABLE CODE: ILB C, 2012

4. FIRE SUPPRESSION SYSTEM: NONE

5. ADDITION AREA: 2430 SQ. FT.

6. OCCUPANCY LODE: 26

7. REQUIRED FIRE SEPARATIONS
ONE HOUR BETWEEN TENANTS



PHOTO OF AFFECTED AREA



VICINITY MAP

COVER 8 PAGE SCALE: 1/8"=1" DRAWN BY CWM

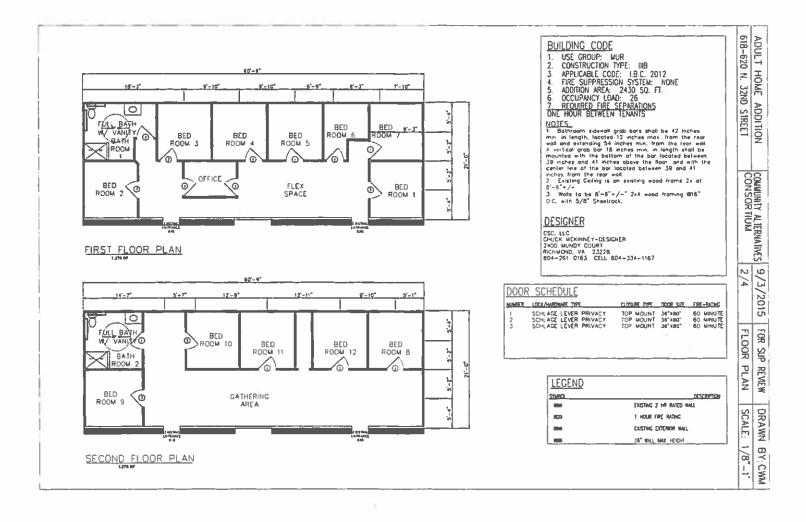
618-620 N. J2ND STREET ADULT HOME ADDITION

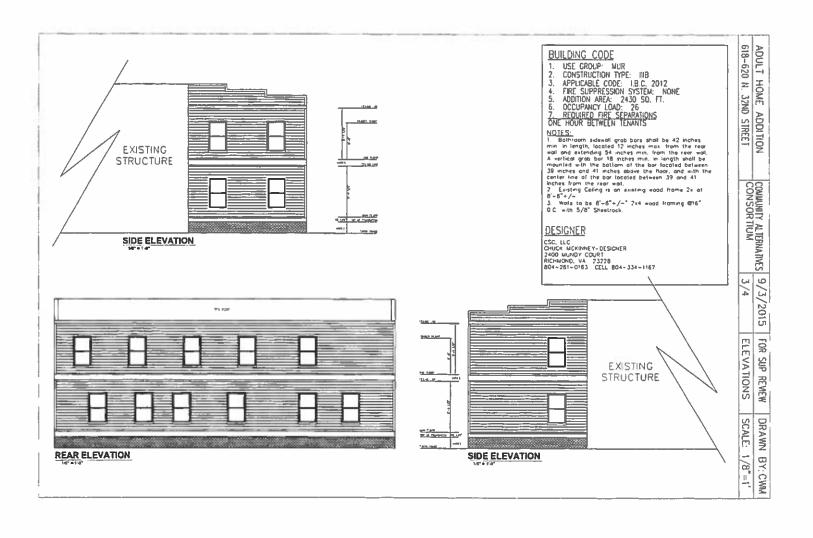
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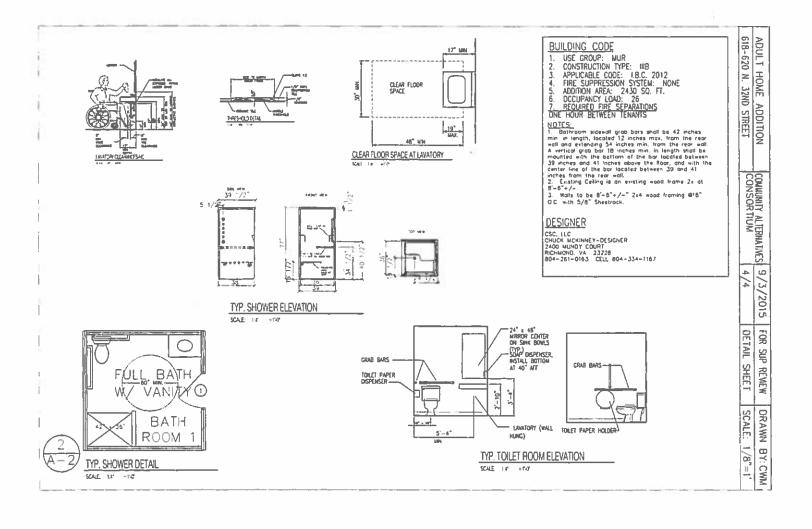
FC

7/28/2015

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9844



Application for SPECIAL USE PERMIT

Department of Planning and Development Review i.and Use Administration Division 900 E. Broad Street, Room 511 Richmond, Virginia 23219 (804) 646-6304 http://www.richmondoov.com/

Application is hereby submitted for: (check one) special use permit, new MAY 1 0 2016 special use permit, plan amendment special use permit, text only amendment LAND USE ADMINISTRATION: 5-2-16 **Project Name/Location** Project Name: 618 & 620 N. 32nd Street Property Address: 618 N. 32nd Street & 620 N. 32nd Street Tax Map #: E0000728002 E0000728003 Fee: \$1,800.00 Total area of affected site in acres: 0.05578512 (See page 3 for fee schedule, please make check payable to the "City of Richmond") Proposed Use Current Zoning: R-63 (Please include a detailed description of the proposed use in the required applicant's report) Existing Use: 11 Is this property subject to any previous land use cases? I1 - expansion of nonconforming use Yes No ☐ If Yes, ☑ please list the Ordinance Number: Applicant/Contact Person: Harvey C. Johnson, III Company: Concierge Construction Consulting, LLC Mailing Address: 402 N. 2nd Street Zip Code: 23219 City: Richmond State: VA Telephone: _(_804) 938-6690 Fax: _(_ Email: hjohnson@ccclicrva.com Property Owner: 618 N. 32nd Street, LLC and 620 N. 32nd Street, LLC If Business Entity, name and title of authorized signee: Denesha Alexander (The person or persons executing or attesting the execution of this Application on behalf of the Company certifies that he or she has or have been duly authorized and empowered to so execute or attest.) Mailing Address: 1885 Bantry Drive City: Midlothian Zip Code: 23114 State: Telephone: (804) 839-5577 866 Email: denesha.alexander@gmail.com **Property Owner Signature:** The names, addresses, telephone numbers and signatures of all owners of the property are required. Please attach additional sheets as needed. If a legal representative signs for a property owner, please attach an executed power of attorney. Faxed or photocopied signatures will not be accepted. NOTE: Please attach the required plans, checklist, and a check for the application fee (see Filing Procedures for special use permits)

Construction Consulting, LLC

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Introduction

Community Alternative Consortium is a specialized Assisted Living Facility (ALF), licensed by Virginia Department of Social Services. CAC has been licensed since 2010 and maintains a triennial license- in good standing. Located in Church Hill, CAC provides a unique experience for young adults ages 18 and 55 years of age. Service delivery includes room and board; meals; supervision; assistance with activities of daily living to include medication administration. As part of service delivery efforts, each resident is linked with the following services: Case Management through the local Community Services Board, Richmond Behavioral Health Authority. Other services are secured on behalf of each resident to include:

Psychosocial Rehabilitation Providers Mental Health Skill Building Services Psychiatry

Other service providers include the following credentialed professionals.

Licensed Mental Health Professionals, Licensed Professional Counselors (LPC) Licensed Clinical Social Workers (LCSW)

CAC's assisted living program harnesses one of the most plausible ways to serve young adults diagnosed with mental illness. As such, a conglomerate of needed services are offered in a structured manner by a collaborating interdisciplinary team of mental health professionals. This methodology ensures persons have a place to live; can have their basic needs met while simultaneously receiving mental health services.

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Community Alternatives Consortium offers disenfranchised mentally ill persons an opportunity for stability in the community through an interdisciplinary approach. This means persons, some who have traditionally been homeless or otherwise unstable can receive services in the community. Furthermore it promotes safety and addresses significant issues in human services — how to provide services to mentally ill persons with limited income. When an individual's basic needs are met — food, clothing, shelter, other needs can be met to include mental health diagnosis and intervention, physical health, and other social problems inherent to persons with limited income.

Goal

The goal of our addition and service expansion is to continue existing in a neighborhood established for families. Care will be taken in structural design to ensure our facility continues to coexist without the appearance of a large commercial structural intrusion in the midst of a single-family homes.

Community Alternative Consortium #1 (620 North 32nd Street) and Community Alternatives Contortion #2 (618 North 32nd Street) are free standing, individually licensed facilities with non conforming certificates of occupancy (CO). CAC is asking to join the two structures and make an addition to both buildings on the first and second floors. CAC #1 has accommodations for 12 people. CAC #2 has accommodations for (15) people. Provided the two structures can be joined CAC will have an opportunity to increase service delivery and provide residency to 50 residents rather than the current combined total of (27) residents. Being able to increase the number of persons served helps to promote quality residential services for mentally ill persons in the Richmond Metropolitan Area. Additions will allow for more office space so psychiatrists, case managers, mental health workers and other service providers can work on site. More multipurpose space will accommodate opportunities for indoor recreation. Should approvals be granted the staff to client ratio will increase; ensuring there's a ratio of one staff to every ten

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residents during the wake hours and two staff to every (25) residents at night with security personnel.

Operating Procedure (Overview)

CAC's program is highly structured, orchestrated by a daily schedule of activities. This provides staff, residents, and other stakeholders assurance of a guide to service delivery. Residents are awakened in the morning by staff as needed. Others wake independently. Residents are encouraged to complete hygiene tasks, are administered medication, and provided with breakfast. Residents are transported to day programming services or volunteer opportunities. Monday through Friday where they typically remain approximately to 3 or 4 p.m.

Upon returning home staff assist residents with re-assimilating to the residential milieu; assess needs and assist with any problems or issues that may have occurred. Residents have down time to relax. Dinner is served at 5:30 p.m. Residents are later encouraged to participate in activities such as playing board games, karaoke, arts and crafts, and or watching a movie. Staff assist residents with preparing for the evening by encouraging hygiene, offering snacks, and administering medications. CAC staff have been applauded for the ability to develop a rapport with the residents and continue enhancement for the rapeutic relationships. CAC has a proven track record of providing services to difficult to serve mentally ill persons with success. CAC has an excellent retention rate of both staff and residents. Retention of staff ensures continuity and limited change for residents. Retention of residents often speaks to high quality of life for residents — stability and happiness.

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Operating Procedure: Staff

CAC staff credentials includes an Administrator with nearly 20 years of experience working in the public and private sector of Human Services. The

Administrator is currently all but dissertation (ABD) towards a doctoral degree in clinical psychology (graduation projected the first quarter of 2016). CAC employs a roster of licensed medication aides (4), direct care staff (3); a registered nurse; and consults with a licensed Clinical Psychologist. CAC has a progressive training program which requires ongoing staff training and development to understand and implement the best practices when it comes to serving mentally ill persons in the community. Regular in-services and training are required for continued employment, and compliance with the regulatory authority. CAC staff supervise residents at the facility and on agency sponsored outings. CAC staff work in a concert with other service provider to ensure the health, welfare, safety, and security of mentally ill person under the agency's care.

Operating Procedure: Parking

The current structures are remodeled multi-family dwellings. Due to most of our employees taking either public transportation or being dropped off there is currently no detrimental effect to adjacent properties ability to park their personal vehicles. With that being said, the limited number of staff vehicles parked on 32nd Street and M Street would remain consistent with the number of vehicles that would have previously been utilized in the area for typical residential capacity, with the approval of the Special Use Permit.

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Operating Procedure: Kitchens

Each freestanding building is licensed by the Virginia Department of Health. Each kitchen meets the requirements for commercial use.

Operating Procedure: Bathrooms

Each building currently has (4) full bathrooms. Additional bathrooms will be added to comply with DSS regulatory requirements/International Building Code for the ratio of bathrooms to residents, etc. if approved.

Operating Procedure: Fire and Safety

Each building has a sprinkler system, fire monitoring, fire extinguishers, lighted exit signs and smoke detectors per current fire code. The addition will comply with all current fire and building codes.

Operating Procedure: Surveillance

Cameras capture inside and outside of the facility in common areas only. This service will be extended to the addition if approved.

Operating Procedure: Emergency Systems

Each facility has a generator that automatically engages at the loss of power and is operated by an independent gas line. These services will be extended to the addition if approved.

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Community Relations

CAC remains in good standing and relation with neighbors. Neighbors adjacent to the facility have agency contact information to report complaints and concerns. CAC staff and residents participate in the annual block party and other festive activities in Church Hill. Many of the residents have associates in the community. Neighbors, church members, and others in the community often donate clothing for residents. Neighbors have often worked in concert with the agency's mission. For example neighbors learned about a resident who was missing and canvassed the neighborhood with staff and police to look for the resident. Other examples, include neighbors contacting the administrator to discuss how their church could help with providing clothing. The annual block party has been an enjoyable experience for the agency, residents, staff and community where familiarity continues as well as an appreciation for the diversity.

References, Brochure & Proposed Plans

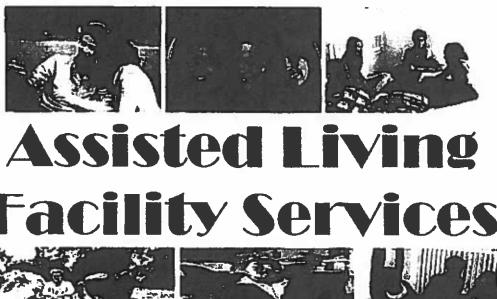
See remaining sheets.

Conclusion

Community Alternatives Consortium Assisted Living Facility in advance would like to thank the City of Richmond, the Planning Commission in particular, for allowing us the opportunity to pursue our goals in providing our existing services and hopefully extended services to those who need it. We appreciate your continued support in our endeavor to assist the citizens of the City of Richmond.



Visit us on the Web at www.cacofva.com









Specialized Services for Young Adults Ages 18-35

Licensed by the Virginia Department of Social Services
Serving Central Virginia

Community Alternatives Consortium I

620 N. 32nd St. Richmond VA, 23223

Community Alternatives Consortium II

618 North 32nd Street Richmond, Virginia 23223



et's face it...when you think of Assisted Living Facility (ALF) services some of the first thoughts that come to mind are the aged, disabled or infirmed. While some ALFs provide services primarily to persons who might fit those stereotypical images we do not. Our services are tailored to fit younger people (ages 18-35.) For an array of reasons our clientele may need supports with transitioning to adulthood or ongoing supports to remain stable in the community. Other providers will have to take care of the "baby boomers". We have facebookers, tweeters, texters and IPod listeners with laptops in tow LOL (laughing out loud).



Promoting Stability...

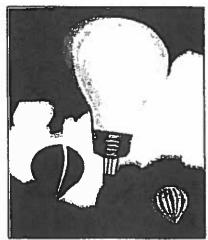
We are more than a mere place to call home...

Serious mental illnesses disrupt people's ability to carry out essential aspects of daily life, such as self care and household management. Mental illnesses may also prevent people from forming and maintaining stable relationships or cause people to misinterpret others' guidance and react irrationally. This often results in pushing away caregivers, family, and friends who may be the force keeping that person from becoming homeless. As a result of these factors

and the stresses of living with a mental disorder, people with mental illnesses are much more likely to become homeless than the general population (Library Index, 2009).

Community Alternatives Consortium uses a wrap around approach to service delivery that reflects the most recent literature. Understanding that stability for persons with mental illness is provoked by an array of factors we have several consultants to include licensed mental health professionals and a registered nurse. Our staff work in concert with other service providers such as case managers, mental health support workers, medical professionals, etc. to assist with stability and preventing psychiatric relapse.

We encourage residents to be active and develop the highest quality of life possible through meaningful experiences and relationships. Our staff assist residents with securing other needed services to include day support and mental health support services based on their need and preferences for services. These services help to buffer against psychiatric relapse and other unfavorable outcomes.



The Community Alternatives Consortium Difference...

Our agency takes a supportive housing approach to stability and preventing psychiatric relapse. Research has shown that supported housing is effective for people with mental illnesses (National Mental Health Association, 2006). In addition to housing, supported housing programs according to The National Mental Health Association should offer services such as mental health treatment; physical health care; education and employment opportunities; peer support; daily living and money management skills training. The agency provides some of these services internally, consults and/or secures services from other reputable providers. Our agency is moving forward with employing evidenced based practices. We currently utilize interventions that are empirically supported.

Independence and Transition:

Stability + Supports + Vocational Training/Work=Independence









At times we recognize that residents may not be as prepared for the real world as they may think. When residents have a desire to transition from the facility and on their own a specialized plan of care is developed. This plan will be developed collaboratively with other providers who support the resident. The specialized plan of care will most likely focus on employability, housing and enhancing independent living skills for self-sufficiency. The transition period will offer ample opportunity for the resident to demonstrate many of the skills needed to be independent prior to discharge. This time will assist with confidence building and ensuring they are prepared for independence. Aftercare services will be provided to monitor the

resident's success or other services such as mental health support will be secured to assist the resident with maintaining independence.

Service Description:

When home care or other residential placements are no longer viable alternatives, Community Alternatives Consortium offers a safe, secure and homelike environment where our residents live and enjoy the company of neighbors, friends, and family. Family members are encouraged to visit often and participate in planned activities. We encourage family, friends and neighbors to join our caregivers in creating a community that celebrates each day.

Community Alternatives Consortium offers a wonderful place for people to grow and appreciate life. The facilities are nestled in inviting environments that foster person-centered services. Every feature of the facilities and programming have been designed to promote safety, comfort and ease anxiety.

Services are provided to adults who need assistance with activities of daily living and instrumental activities of daily living. Room and board are included with an array of other services. Residents are assisted with medication administration; transportation and support to medical appointments. Residents are prompted and encouraged to bathe and dress in socially appropriate ways.

Throughout our lives, eating together becomes a time of enjoyment and interaction. The cooks at Community Alternatives Consortium prepare nutritional, home-style meals in an inviting dining atmosphere. Resident choice is incorporated in menu planning. Meals reflect USDA recommended nutritional values and adherence to any specialized diets.

Our charming facilities provide stimulating activities and foster resident interaction. Family style dining and an array of activities makes Community Alternatives Consortium an enjoyable place to live. A variety of activities are available each day. These activities

foster physical, social, cognitive/intellectual/creative, productive, sensory, reflective/contemplative, outdoor, and nature/natural world categories. Community resources as well as facility resources are used for activities. The focus is to help residents achieve and maintain their overall well being.



Staff Credentials:

Community Alternatives Consortium employs an array of degreed and non-degreed professionals with a host of professional experiences and passion to work in human services. The following credentials are represented throughout our staff Bachelor of Arts Psychology, Master of Arts Human Services with a Specialization in Marriage and Family Therapy, Clinical Psychology ABD Status; Registered Nurse, Licensed Medication Aides, State Board Certified Nursing Assistants and Direct Care Staff. All staff are trained in CPR/First Aid and Crisis Prevention Intervention (CPI).





Eligibility:

- We accept women or men 18-35 years of age
- We accept people diagnosed with mild intellectual disabilities and/or mental illness with demonstrated stability
- We accept people who are compliant with medication regiments and physician's orders
- We accept people free of substance abuse problems or in treatment
- We do not accept people with a history of physical aggression within the last 90 days
- We do not accept sex offenders
- We accept people who need assistance with activities of daily living
- The agency is a level 11 facility—this means anyone we accept has to have a score of 11 on the Uniform Assessment Instrument—residents have to be relatively independent and mostly need verbal prompting and encouragement
- We accept people free of Communicable Disease
- Residents can sign in and out therefore they must have the cognitive ability to be safe in the community



Items Needed for Admission:

- Application for Admission
- Medications and Physician's Orders
- List of Doctors
- Support Systems contacts
- Uniform Assessment Instrument
- AG information, application filed or Private Pay Agreement
- Medicaid Number
- Other Providers—mental health support workers, day programs, etc.
- Social History Information

- Psychological or Psychiatric Evaluations as Appropriate
- Copies of Identification Card, Social Security Card and/or Birth Certificate
- Copy of Physical Examination and Tuberculosis Screening

Finding a place to live is not easy! It can be one of the most difficult decisions one will have to make. We recognize the distress and anxiety that may arise from having to make such a decision. Our staff are professional and compassionate. We will be glad to talk with you about our services, send information or provide tours of our facilities.



References:

Library Index. "The Health of the Homeless – The Mental Health of Homeless People." 2009. Available from http://www.libraryindex.com.

National Mental Health Association. "Ending Homelessness for People With Mental Illnesses and Co-Occurring Disorders." Apr. 2006. Available from http://www.nmha.org.

Responses for Community Alternatives Consortium name changed to Community Alternatives Assisted Living, LLC

- 1. Community Alternatives Assisted Living, LLC is managed by Denesha Alexander. There is no Board of Directors. See attached Bylaws.
- 2. Community Alternatives Consortium uses a wraparound approach to service delivery that reflects the most recent literature. Understanding that stability for persons with mental illness is provoked by an array of factors we have several consultants to include licensed mental health professionals and a registered nurse. Our staff work in concert with other service providers such as case managers, mental health support workers, medical professionals, etc. to assist with stability and preventing psychiatric relapse. We encourage residents to be active and develop the highest quality of life possible through meaningful experiences and relationships. Our staff assist residents with securing other needed services to include day support and mental health support services based on their need and preferences for services. These services help to buffer against psychiatric relapse and other unfavorable outcomes.

Our agency takes a supportive housing approach to stability and preventing psychiatric relapse. Research has shown that supported housing is effective for people with mental illnesses (National Mental Health Association, 2006). In addition to housing, supported housing programs according to The National Mental Health Association should offer services such as mental health treatment; physical health care; education and employment opportunities; peer support; daily living and money management skills training. The agency provides some of these services internally, consults and/or secures services from other reputable providers. Our agency is moving forward with employing evidenced based practices. We currently utilize interventions that are empirically supported.

Services are provided to adults who need assistance with activities of daily living and instrumental activities of daily living. Room and board is included with an array of other services. Residents are assisted with medication administration; transportation and support to medical appointments. Residents are prompted and encouraged to bathe and dress in socially appropriate ways.

The cooks at Community Alternatives Assisted Living, LLC prepare nutritional, home-style meals in an inviting dining atmosphere. Resident choice is incorporated in menu planning. Meals reflect USDA recommended nutritional values and adherence to any specialized diets.

A variety of activities are available each day. These activities foster physical, social, cognitive/intellectual/creative, productive, sensory, reflective/contemplative, outdoor, and nature/natural world categories. Community resources as well as facility resources are used for activities. The focus is to help residents achieve and maintain their overall wellbeing.

3. Residents are linked to other important services designed to assist with maintaining their mental stability. These services include connection to the local community services board- Richmond Behavioral Health Authority; Mental Health Skillbuilding Services and Psychosocial Rehabilitation Day Support Services. The local community services board offers case management, psychiatry and primary health services. Mental Health Skillbuilding and Psychosocial Rehabilitation Services are community based mental health services designed to assist individuals from suffering psychiatric relapse.

4.

Eligibility:

- We accept women or men 18-55 years of age
- Agency current capacity between both buildings 27 preference for census of 40
- We accept people diagnosed with mild intellectual disabilities and/or mental illness with demonstrated stability
- We accept people who are compliant with medication regiments and physician's orders
- We accept people free of substance abuse problems or in treatment for such problems
- We do not accept people with a history of physical aggression within the last 90 days and unfavorable rating on the V-RISK9
- We do not accept sex offenders
- We accept people who need assistance with activities of daily living
- The agency is a level 11 facility—this means anyone we accept has to have a score of 11 on the Uniform Assessment Instrument—residents have to be relatively independent and mostly need verbal prompting and encouragement
- We accept people free of Communicable Disease
- Residents can sign in and out therefore they must have the cognitive ability to be safe in the community
- 5. Operational details for on-site programs, including:
- i. The agency operates 24 hours per day 7 days per week. The agency is never closed for holidays, etc.

ii.

Community Alternatives Assisted Living, LLC employs an array of degreed and non-degreed professionals with a host of professional experiences and passion to work in human services. The following credentials are represented throughout our staff Bachelor of Arts Psychology, Master of Arts Human Services with a Specialization in Marriage and Family Therapy, Clinical Psychologist; Registered Nurse (contracted), Licensed Medication Aides, State Board Certified Nursing Assistants and Direct Care Staff. All staff are trained in CPR/First Aid and Crisis Prevention Intervention (CPI).

Administrator: Ph.D. Clinical Psychology, BA Psychology, Master's Degree Human Services; Licensed Medication Aide

Assistant Administrator: Certified Nursing Assistant; Licensed Medication Aide

Registered Nurse:

Licensed Medication Aides:

Direct Care Staff:

The Administrator and Assistant Administrator work full time hours that fluctuate between day and evening hours. The registered nurse is contracted and works hours based on needs. There is at least one full time licensed medication aide on each shift. There are two full time licensed medication aides on staff. There are three direct care staff on the agency's staff. These staff work flexible schedules with hours between 30-40 hours per week based on agency need. Direct Care Staff work any shift as the agency operates 24 hours per day and 7 days per week.

iii. Resident supervision is a two part process that consist of physical observations by on duty staff and observations by closed circuit camera. Staff conduct rounds in the building by physically observing each resident on site at least hourly and sometimes more often. All common areas to include hallways; dining rooms; sitting rooms; porches and part of the yard are under video surveillance.

iv. Potential residents are interviewed face to face by the Administrator or Assistant Administrator. This is an opportunity for agency staff to tell the individual about the program, rules and behavioral expectations. It is also an opportunity for the potential resident to inquire about the program and set up a tour of the facility. Each potential resident is encouraged to set up a tour such that they may observe services and the facility. It is also an opportunity for them to inquire with others who are receiving the service about service quality. Staff collaborate with referents to receive collateral information to ensure the admission process has involved a comprehensive review of the client—face to face interview; observation of behaviors during tour; mental health documentation; Uniform Assessment Instrument and Physical Examination.

If a decision is made to admit the potential resident, the resident is oriented to the structure, rules and behavioral expectations. Orientation is documented at the time of admission and reorientation is documented annually. New residents are assigned to a staff member who provides extra support during transition. This extra support includes providing reminders; assisting the new resident with getting acclimated to the milieu and making the facility home. The new resident is also paired with at least one resident who will also assist them with becoming acclimated; socializing; participating in activities and meeting likeminded peers at the facility.

v. See Resident Rules

vi. Residents must continue to present in a manner consistent with the eligibility for the program. They must complete an annual physical and tuberculosis screening. The results from these examinations must evidence that the resident is free of communicable disease and physically able to persevere in an assisted living facility. The resident must complete an annual Uniform Assessment as required by Virginia Department of Social Services. They must continue to meet the rating for the facility based on that assessment. Residents with mental illness must have current mental health progress reports from a licensed health care provider indicating that that mental health needs can be met in an assisted living facility. In addition, each resident with a mental illness must have a mental health agreement for services on file evidencing that they are under the care of a licensed mental health professional and that the licensed mental health professional understands their residency in an assisted living facility. Furthermore, the resident must evidence that they are suitable for the program by complying with rules and behavioral expectations. The resident must agree to the services and annually reorient to the agency's policies and procedures.

vii.

- 1. Smoking is not allowed in the facility. Residents may smoke only in designated areas.
- 2. Residents are to consume all meals and snacks in designated eating areas-kitchen and dining room.
- 3. Residents must ask permission to enter a peer's room.
- 4. Profanity, vulgar or disrespectfuly language is prohibited in the facility.
- 5. The volume of all personal televisions and radios must be turned down while others are sleeping. If televisions and/or radios are left on once the resident falls asleep staff reserve the right to adjust the volume and/or turn the appliance off.
 - 6. Horse playing is not allowed in the facility.
 - 7. Only one resident is permitted in the bathroom at a time.
 - 8. Television viewing will be based on the preference of the majority. In the event that there is a dispute regarding selection, staff will intervene and decide what station and/or television show will be viewed.
- 9. Residents' laundry will be washed according to the posted laundry schedule. Residents who are capable of washing their laundry will be expected to wash their laundry independently. Residents who require assistance will receive assistance from staff. This rule is not applicable when any resident has soiled clothing and/or linen that requires laundering. Linen must be washed once per week on the scheduled laundry day.
- 10. Bumming nor bartering is allowed.

- 11. Physical or verbal aggression towards peers and/or staff is not allowed.
 - 12. Residents must leave their rooms only when they have on appropriate attirecovering all private areas and not suggestive in nature.
 - 13. Stealing of any kind is not allowed.
- 14. No weapons are allowed in the facility. A weapon (guns, knives, chains, clubs, bats, sticks, pipes, razor, blades, etc.) is defined as any article used to defend and includes any object that has been modified into a weapon.
- 15. Alcohol and other drugs are not allowed in the facility.
- 16. Residents are encouraged to eat their meals at designated meal times.
- 17. Residents are expected to follow staff directives.
- 18. Residents are expected to comply with their individualized service plan goals.
- 19. Residents are expected to remain compliant with taking their medication(s). and any other physician's orders or recommendations.
- 20. Residents are expected to attend their appointments.
- 21. Residents are responsible for hanging coats, jackets or sweaters in their room or in the hall closet when not in use.
- 22. Residents are encouraged to assist in planning activities.
- 23. Residents can not administer their own medication without documented authorization from their primary care physician. Even in cases where a physician authorizes self administration of medication, all medications must remain locked in the staff office.
- 24. Residents may not house food, medication, nutritional supplements or similar items in their bedroom. Residents are prohibited from taking any medications to include over the counter medications without a physician's order.
- 25. Residents are prohibited from taking dietary supplements, weight loss or other substances without authorization of their primary care physician.
- 26. All residents must be ambulatory.
- 27. All residents must be 18 years of age or older.
- 28. All residents must have a signed agreement on file and agree with receiving services from CAC.
- 29. Residents are required to give 30 day notice of their intent to move.
- 30. Intimidation of a resident by another resident is prohibited.

31. Attendance to daily hygiene is required to prevent the spread of germs/disease. Residents are required to maintain their hair in a manner consistent with decreasing the spread of lice or other unfavorable parasites. Residents who are unable or unwilling to maintain their hair will be required to have their hair in low maintenance hair styles.

viii.

ix. Denesha Alexander (Administrator) and/or Tinelle Ross (Assistant Administrator) respond to all emergencies. Respective telephone numbers are 804-437-2187 and 804-878-8598. Richmond Alarm does monitoring for each building.

6. Annual operating budget, including sources of funding.

Fees for Care 593,280 Fees from Other Clients/Services Federal Funds State Funds Local Funds Endowment(s)/Trust Fund(s) Income from Investments Donations/Solicitations Other (Specify)

\$ 593,280

TOTAL REVENUE:

EXPENSES (ANTICIPATED)

	Date:to				
1. ADMINISTRATION					
Office Supplies & Equipment	\$1,000				
Insurance					
Liability (Premises/Operations)	\$6,000				
Liability (Vehicles)					
Other (Specify by Type)					
Interest					
Taxes (Specify by Type)	\$4,000				
TOTAL ADMINISTRATIVE EXPENSES \$11,000					
2. SALARIES, WAGES, AND BENEFITS					
Salaries and Wages	\$ 275,000				
FICA (Social Security)	\$12,000				
Health Care Insurance					
Group Life Insurance					
Employer Retirement Contributions					
Other Benefits (Specify)					
TOTAL SALARIES, WAGES.					

EXPENSES (ANTICIPATED)

	Date:to
3. OPERATIONS	
Food	\$36,000
Rent and Mortgage	\$60,000
Utilities	\$18,000
Maintenance & Repairs	\$7,000
Equipment & Supplies	\$2,000
Laundry and Linens	\$1,200
Motor Vehicles	
Staff Travel	
Staff Training	\$1,500
Contractual Services (Specify)	
Other (Specify)	
TOTAL OPERATIONS EXPENSES	\$125,000
TOTAL EXPENSES (Administration	;
Salaries, Wages, and Benefits; and	d
Operations):	\$ 423,000

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Approved by: Denesha Alexander

Regulation:

Review Date: June 2016

22 VAC 40-72-930-970 Emergency preparedness and Response Plan

Policy: Community Alternatives Assisted Living, LLC shall ensure the safety of its staff, clients, and others during emergencies by implementing these policies and procedures to follow that address emergency response during time of crisis, emergency medical, mental health, severe weather, and other types of emergencies. HR's emergency preparedness policies and procedures have been reviewed by local emergency management. The policies and procedures will be sent to the Emergency Manager annually for review and approval.

Emergency Preparedness Plan

Overview of Emergency Preparedness Plan

Community Alternatives Assisted Living, LLC has adopted the following plan to address emergencies. The plan outlines the followings: Definition, Purpose and Scope,

Objectives, Emergency Core Team, Command Post, Activities, Notifications, Call Lists,

Codes, Evacuation, Assembly, Traffic Control, Media, Responsibility of Plan, Statement of Drills, and Plan.

The company's internal disaster plan addresses the following: Fire Safety, Severe Weather, Bomb Threat, Loss of Utilities, Medical Emergencies, Psychiatric Emergencies and Total Facility Evacuation.

The company's external disaster plan addresses Disaster Core Team Call List, Staff Call List, Emergency Assistance Call List and Vendor Supply List.

The Administrator of HR will document contact with the local emergency coordinator to determine local emergency risks, communitywide plans to address different disasters and emergency situations, and assistance, if any, that the local emergency management office will provide to the facility in an emergency.

An emergency situation exists when a resident care demands exceed capabilities or are hampered by the disruption of essential facility systems or by unforeseen conditions exclusive of facility operation.

The purpose of the emergency preparedness plan is to:

Provide a logical framework for efficiently managing emergency situations with their inherent work volume increase while assuring for:

- 1. Communication internally and externally.
- 2. Logistical needs such as procurement and disposition of personnel and supplies.
- 3. Ongoing resident care.
- 4. Safety and security for residents and staff.

Approved by: Denesha Alexander Regulation:

Review Date: June 2016

The scope of the internal and external emergency preparedness plan is reviewed separately in their respective sections.

The objectives of the emergency preparedness plan are:

- 1. To provide a ready reference for staff to ensure their preparedness for disaster/emergency situations as demonstrated through their performance in regular drills simulating primarily internal situations.
- 2. To foster awareness of the need for emergency preparedness through review of the emergency plan, in part or in its entirety.

An emergency team has been established for emergency situations which affect or could affect resident and employee safety. The team will be activated for fire, severe weather, bomb threats and total facility evacuation. The facility emergency team will be comprised of the CAO, Administrator and Direct Care Staff.

When a disaster occurs or is likely to occur, Administrator will assemble the Disaster Team at the command post which normally would be designated as the office located at the company's physical address. As the assembly, the core team will be apprised of the situation. Participants will gather information and make decisions in accordance with the nature of the emergency.

The appropriate phase of the plan will be activated by the Administrator/designee after evaluating the nature of the event.

The first notifications of an emergency will normally come through the telephone either from the outside or from internal staff in the area most closely involved.

The following data should be recorded by the individual receiving notification:

- 1. Kind of emergency, cause, location, estimated time emergency occurred or is to occur.
- 2. Estimated number of casualties, if any, and general nature of injuries if
- 3. Name, title, location and call back number of person calling.
- 4. Time of receipt of first notification.
- 5. If notification is a bomb threat, a special form to record appropriate information shall be used.

Emergency data other than when internal medical and psychiatric emergencies shall be transmitted as follows:

If notification Monday-Friday: 8am-5pm Telephone: Administrator/Designee Disaster Team

If notification Saturday-Sunday: After 5pm Telephone: Assistant Administrator or On-Call staff.

If using call trees, if a person may not be reached, call the Chief Administrative Officer/Administrator if the Chief Administrative Officer is not available the Administrator of the Company shall be notified.

The company maintains the following Emergency Call Lists:"

a. Staff Roster and telephone list

Approved by: Denesha Alexander Regulation:

llation:

Review Date: June 2016

b. Emergency Assistance Numbers

Evacuation is addressed in each separate plan. Section G outlines a total evacuation of the facility in the event the facility could no longer provide care due to disruption of service.

Evacuation should normally be directed to the street in front of the facility for head counts.

In the event an emergency situation becomes known publically and results in the influx of non-emergency personnel, staff will be stationed at the driveway to carefully screen and guide families or other significant others to designated areas.

All questions from the media should be directed to the Chief Administrative Officer. It is the intent of the plan to have one spokes-person to preclude misinformation.

The Safety Committee shall organize and maintain the facility Emergency Preparedness Plan.

The Safety Committee shall be responsible for evaluating all emergency training drills, and for making recommendations for improvements to the plan.

Emergency preparedness orientation and drills other than fire drills shall be conducted at least once quarterly and reviewed for staff, residents and volunteers. Orientation and review will cover 1. Alerting personnel and sounding alarms, 2. Implementing evacuation shelter in place and relocation procedures 3. Using, maintaining and operating emergency equipment 4. Accessing emergency medical information, equipment and medications for residents. 5. Locating and shutting off utilities and 6. Utilizing community support services

During drills, at no time shall regular resident care be interrupted in such a way as to jeopardize the residents' condition, rehabilitation, or attitude about care being provided to them.

Drills may be staged using non-personnel individuals as "resident victims" and scenarios which closely simulate potential emergency situations.

The planned response to each potential emergency is summarized as follows: Internal:

Plan A: Fire Safety

Plan B: Severe Weather

Plan C: Bomb Threat

Plan D: Loss of Utilities

Plan E: Medical Emergencies

Plan F: Psychiatric Emergencies

Plan G: Total Facility Evacuation

External: The plans will often refer back to information contained in this overview of the emergency preparedness plan.

Call Tree for Emergency Plan (After 5pm)

- Individual Reporting Emergency
- Staff Answering the Telephone

Review Date: June 2016

Approved by: Denesha Alexander Regulation:

- Administrator or Designee
- Assistant Administrator
- Chief Administrative Officer
- Licensure Specialist

Core Disaster List for Facility

Title	Name	Home Phone	Pager/Co. Cell Phone
CAO/Administrator	Denesha Alexander		804-437-2187
Assistant Administrator	Tinelle Ross		804-878-8598
Safety Officer	Denesha Alexander		804-437-2187
Procurement Officer	Denesha Alexander	tip .	804-437-2187

Emergency Assistance Numbers

Category	Name	Contact	Phone Number
Emergency Vehicles	EMS		911
Fire Department	Richmond Department		911
Police Department	Richmond Police Department		911
Emergency Centers	VCU Medical Center		804-828-9000
Poison Control			1-800-552-6337
Electrical Power	Virginia Energy		888-667-3000
Telephone Communications	Verizon		804-440-8000
Civil Defense	Commonwealth of Virginia		804-323-2300
Licensing Specialist	Kimberly Davis		804-662-9780
Trash Solid Waste	City of Richmond Department of		804-646-4646

Approved by: Denesha Alexander

Review Date: June 2016

Regulation:

	Public Utilities	
Sewer	City of Richmond Department of Public Utilities	804-646-4646
Plumbing/Heating	Curran Brothers	804-553-8384
Electrical	Langhorne Electric Inc. 5521 Hull St. Rd. Richmond, VA	804-232-8266

Emergency Vendor List

Type of Supplies	Vendor	
Medical Supplies	McKesson Medical-Surgical	
	5601 Eastport Boulevard	
	Richmond, Virginia23236	
	804-320-5330	
Medical Equipment	Westfacility Health	
	2277 Dabney Road	
	Richmond, Virginia23230	
	804-353-7703	
Accessory Supplies (tents, kitchen	Aarow Rental	
utensils, etc.)	2367 Staples Mill Road	
	Richmond, Virginia	
	804-358-2124	
Food	Sysco Food Service	
	800-733-1319 ext 426	
Bottled Water	HomeTown Bottled Water	
(A)(S)	757-229-7268	
Portable Toilets	Rich lite Inc.	
⁻¹¹	(24 hour service) 804-226-4996	
Paper products (toilet tissue, paper	Lawrence Sanitary	
towels)	5220 Klockner Drive	
	Richmond, Virginia23230	
	804-236-0090	
Pharmaceuticals	Richmond Apothecaries/Bremo	
	Pharmacy	
	804-285-7823	
Linen Service	Virginia Linen	
	875 East Bank Street	

Approved by: Denesha Alexander

Review Date: June 2016

Remi	lation:
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	Petersburg, Virginia23803 804-732-3312
Generator Hook Up	804-335-1677

Plan A: Fire Safety Plan

The company provides a modern, protected environment for the safety of residents and staff. It is however necessary that staff becomes well acquainted with the techniques and practices which will minimize that risk of fire and in the event of fire, techniques and procedures which attempt to minimize injury and/or property damage.

The fire safety plan is used:

- 1. to protect human life
- 2. to ensure early detection and extinguish of fire
- 3. to minimize property damage

Prevention of fire and fire hazards is the first line of defense in the fire safety plan. The Safety Officer and facility supervisory staff along with the Safety Committee will maintain and enforce policies and practices related to smoking, electrical safety and sanitation to minimize risk of fire due to these causes as well as others.

The facility has an Emergency Team that is led by the Administrator.

The role of the emergency team will be to carry out the following when requested by the Administrator.

- 1. To aid in the ongoing prevention, extinguishment and emergency procedures.
- 2. To participate in fire drills, evaluating and documenting the response and recommending corrective action.
- 3. To conduct fire hazard inspections throughout the facility.
- 4. To respond to fire alarms and carry out containment, extinguishment, and evacuation procedures as necessary.
- 5. To direct staff involved in a fire emergency until the arrival of the fire department.

The mechanical fire protection system in the facility is composed of the following:

- 1. Smoke detectors in ceilings
- 2. Multipurpose (ABC) dry chemical fire extinguishers at each level of the facility

If the fire is in your work area, the following procedures will be followed> Remain calm, complete tasks, swiftly and effectively Rescue

Approved by: Denesha Alexander

Review Date: June 2016

Regulation:
Alert
Contain

Extinguish/Evacuate

- 1. Rescue-remove any residents or other persons from immediate danger to a safe area
- Alert-alarm the environment by calling "Fire" or "code red". If necessary, alert while removing residents and assign coworkers to make notifications if visible smoke is present but no flames seen, treat as if it were a fire and call 911. If flames are seen, call 911.
- 3. Contain-close windows and doors to stop air movement. Disconnect electrical equipment in the fire area. Do not attempt to remove burning items.
- 4. Extinguish-secure proper fire extinguisher or wet blanket and attempt to extinguisher the fire if not placing yourself in danger

Extinguish by pointing the nozzle at the base of the fire starting at the edge and working towards the center

When the fire department arrives, the control of the activities is turned over.

Evacuation

Begin resident evacuation procedures upon receiving the command from the individual immediately designated in charge.

The following are guidelines for evacuating residents:

- 1. Begin evacuation with residents nearest the fire
- 2. Instruct residents to form a chain and to proceed in a single file line. Following the lead staff person to a safe area
- 3. Evacuate visitors and others in the facility simultaneously with residents
- 4. Make a final check of the rooms, bathrooms, check under beds, Close doors when leaving rooms
- 5. If danger is not imminent, move resident charts to a safe area
- 6. Double check for all residents by head count

Evacuation routes are posted throughout the facility and should be memorized. Staff are to inform emergency personnel—fire fighters of locked areas of the facility and provide keys for access if needed. Staff will inform fire fighters of the location of the breaker box in the facility and any other information necessary for the fire department to engage their role.

Once accounted for residents and visitors should be directed to the street gathering point.

Drills are essential in training employees in combating fire situations intelligently, calmly and quickly. Unscheduled fire drills will be conducted at least once per quarter per shift. Facility supervisory staff are authorized to conduct fire drills.

The steps involved in a fire drill are as follows:

Approved by: Denesha Alexander Regulation:

1. Notification of the commencement of a drill is made by calling "Fire Drill."

Review Date: June 2016

- 2. If silent notification will describe the type of fire, i.e., trash can, electrical, etc., and its location.
- 3. The person providing the notification will at once put the fire procedure in motion.
- 4. The procedure of the fire drill is the same as in the case of an actual fire.
- 5. A designated Emergency Team member (CAO, Administrator and Assistant Administrator) will evaluate the drill, record observations, and share results with the involved staff at the conclusion of the drill. The reports will be forwarded to the Safety Officer each month who will review the results with the Safety Committee and appropriate supervisory staff.

FIRE EXTIN-GUISHERS:

Multi-Purpose, ABC, fire extinguishers are located in various places throughout the facility. (See Appendix E for types of extinguishers). Facility staff will inspect and initial extinguisher cards each month during a fire drill.

SMOKE ALARMS:

Smoke alarms in each facility are to be inspected and tested at least monthly during fire drills by facility staff. Questionable and failing batteries must be replaced. Acknowledgement after fire extinguisher inspection and fire alarm test/inspection to be recorded on the Fire Drill Form (attached).

STAFF EDUCATION:

Facility staff shall be provided with instruction regarding the fire safety plan during the facility orientation program, and updated as needed. Continuing education around the fire safety plan shall be provided as a cooperative effort of the Safety Committee and the Staff Education and Development Program.

Fire safety programs shall address at a minimum the facility fire plan, alerting, containing, extinguishing, and evacuating procedures.

QUALITY ASSURANCE:

The Safety Committee shall review fire drill reports at least quarterly for staff knowledge and responsiveness.

Approved by: Denesha Alexander

Regulation:

Review Date: June 2016

SUMMARY-GENERAL

PRECAUTIONS:

The first consideration must be saving lives; second, property.

Remain Calm. Fear, panic, and particularly smoke causes more deaths and serious injuries than actual contact with flames.

Close all windows and doors to minimize air movement. Never attempt to open a hot door. Put towels at the base of

a hot door to contain the smoke.

Never attempt to move a burning object. Always have any object, especially a mattress, which has been burning but extinguished removed from the building.

In severe smoke, put a wet towel over your nose and mouth and move along the walls as close to the floor as possible. Keep hallways and walkways free of objects and clutter.

In a real fire, the Administrator or Assistant Administrator will notify each client's guardian or authorized representative, and licensing specialist as soon as time permits but no later than 24 hours after the incident. Efforts to notify guardians or authorized representatives and licensing specialist will be documented.

The Administrator or designee is responsible for providing emergency access to secured areas and opening locked doors; conducting evacuations and sheltering in place, as appropriate, and accounting for all residents, locating and shutting off utilities when necessary; maintaining and operating emergency equipment effectively and safely; communication with staff and emergency responders during and emergencies and conducting relocations to emergency shelters or alternatives sites when necessary and accounting for residents.

The Administrator or designee is responsible for securing supporting documents needed in an emergency to include: emergency call list, building and site maps necessary to shut off utilities, memoranda of understanding with relocation sites, and list of major resources such as supplies of emergency equipment.

PLAN B

SEVERE WEATHER PLAN

PURPOSE:

The facility shall strive to maintain a high level of care for residents when weather imposes the possibility of loss of outside supportive utilities and services, as well as provide protection and comfort for residents and staff.

Approved by: Denesha Alexander

Regulation:

ASSESSMENT:

When the facility is alerted to the possibility of severe weather within the vicinity of the facility, the Administrator or designee and key personnel shall determine how imminent the emergency is and review specific preventative and supportive actions which are to be taken. In this assessment, the CAO will determine when the facility can not be maintained within the temperature standards of licensing (no warmer than 80 degrees Fahrenheit and no colder than 65 Fahrenheit) residents should be relocated from the facility. When a supply of running water is not available to include hot water (at a temperature between 100-120 degrees Fahrenheit) residents will be removed. The Administrator will follow directives given by the local emergency manager.

Review Date: June 2016

PRECAUTIONS:

At a minimum, the following areas of concern will be addressed:

- Assessment of supplies on hand and determination of how many days' supplies would last to meet normal operational needs. Emergency supplies are checked on a monthly basis by the Administrator or CAO. These supplies include emergency food, water, Over the Counter Medication and other supplies necessary in events or power outages or emergency situations.
 Checks of supplies will be documented.
- 2. The performance testing and access to other emergency equipment and supplies to include those needed in the event of utility outages.
- Determine appropriate resident management issues to include the need for modified schedules, cessation of non-essential services.
- The need of taking preventative measures to minimize damage to buildings and grounds as well as records.
- 5. Provision for the maintenance of a safe level of staffing for resident care.
- The CAO or Administrator will report all fires or other disasters that impact the facility to licensing within 24 hours.

Approved by: Denesha Alexander

Regulation: WEATHER PERTINENT PLAN: Review Date: June 2016

SNOW AND ICE: Snow and ice present specific problems related to availability of human resources and so the following will apply when there is an accumulation which creates a situation whereby an emergency is created:

That the Administrator is to assume the Snow Coordinator role.

The Snow coordinator will coordinate volunteer drivers and authorize pickup of employees.

In the event of mechanical failures such as lack of heat pump capability, the Administrator will authorize temporary use of electric heaters.

TORNADO: In the event there is tornado warnings/watch, the Administrator /designee may:

- a. Assign a staff person to listen to the weather radio for detailed information.
- b. Issue a directive for staff to bring all residents back to the facility, or indoors, postpone exits from the facility.
- c. If a tornado warning is issued, windows should be opened slightly on all levels and residents should be evacuated to the basement or innermost hallway of the building away from doors and windows. Pillows and cushions should also be taken to help protect residents' heads.

PLAN C

EMERGENCY PREPAREDNESS PLAN BOMB THREAT PLAN AND PROCEDURE

PURPOSE: To outline the steps to take to prevent injury and minimize disruption to resident treatment and facility operations in the event of bomb threat.

POLICY:

Bomb threats represent a serious internal emergency situation. The keys to the management of a bomb threat are coordination, command, and control.

Approved by: Denesha Alexander

Regulation:

RECEIPT OF:

Review Date: June 2016

The individual receiving the threat should stay calm and attempt to obtain and record as much information as possible by carrying out the following using the attached Bomb Threat Form as a prompt:

- 1. Ask the caller to identify the actual area involved.
- 2. Ask for the exact location of the bomb (within the building).
- Ask the caller for the type of bomb or device and a complete description of the device (an accurate and detailed description lends credibility to the threat).
- 4. Ask what time the bomb is expected to detonate.
- Ask the reason for the bombing (this information could lend validity to the threat and aid authorities in identifying a suspect).
- Attempt to record as much information as possible, noting the time of the call, the caller's tone of voice, the sex and race of the caller, speech variations, or any unusual background noise.
- Attempt to have the caller repeat the message and check the accuracy of your information. Try to keep the caller on the phone.

NOTIFICATION:

Immediately following receipt of the threat, notify the following individuals who if not present will report to the facility at once:

- 1. 911—Local Fire Department
- 2. CAO or Administrator
- 3. Safety Officer

COMMAND:

The Chief Administrative Officer or Administrator, whoever is available first, shall take charge immediately upon being notified and give direction with regard to further notifications and actions.

Approved by: Denesha Alexander

Review Date: June 2016

Regulation:

No actions shall be taken without the CAO or designee's consent, direction or approval.

DISCOVERY:

If a suspicious object is found:

- 1. Do Not Touch or jar the object.
- Open all doors and windows adjacent to the devices.
- Notify the CAO or Administrator by phone or messenger.
- Exit the building to a distance of at least 300 feet and guard the building to prevent unauthorized entry.
- The search of other buildings(s) will not be concluded upon the discovery of one device since there may be more devices.

EVACUATION:

The building is to be evacuated by:

- Leaving the building immediately and staying out of the building until it has been cleared by the authorities, i.e., Local Fire Department or Local Police Department.
- 2. Moving all parties to the designated area, i.e., down the street

Corner of M St. and Leigh St. as fire hydrant is at the corner of M St. and N. 32nd St.

3. Posting a guard to prevent anyone from returning to the facility without authorization if additional staff are available

SUMMARY-GENERAL

PRECAUTIONS:

Do not use cellular phones for communication. Remain calm. Do not excite residents or others Stop all unrelated movement of residents and staff.

Stop all unrelated use of the telephones.

Evacuation to the outside should be at least 300 feet from

the building.

COMMUNICA-

Approved by: Denesha Alexander

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TION:

When communicating regarding the search, it is recommended that staff tell residents that we are conducting part of our emergency preparedness plan which calls for evacuation of the building to another area. Incoming callers should also be given similar information (facility is operating under provision of our emergency preparedness plan). If pressed by a legal guardian or authorized representative, it is acceptable to indicate the nature of the emergency along with reassurance that the staff is taking precautions to keep all the residents safe.

BOMB THREAT PLAN FORM

IF PHONE CALL IS RECEIVED:

- 1. Prolong conversation as long as possible.
- 2. Ask where and when the bomb will explode.
- Note if caller indicates knowledge of the facility by description of locations.
- 4. Be alert for distinguishing noises, music, voices, machinery.
- 5. Tell caller many lives will be lost if indeed the bomb explodes.
- 6. NOTIFY THE CHIEF ADMINISTRATIVE OFFICER AND Administrator.
- 7. Complete Bomb Threat Check Sheet below:

Complete as much of the following as possible immediately after the telephone call.

EXACT MESSAGE AS RECEIVED:				
INFORMATION ON CALLER'S IDENTITY:				
NameAddress	_ Sex			

Regulation:	Denesha Alexander	Organ	ization	Review Date: June
BOMB FACTS	S:			
	o off		Other	
CALL WAS (C				T.
TONE	SPEECH	ACCENT	LANGUAGE	EMOTIONS
Loud	Fast	Local	Excellent	Calm
High	Distinct	Foreign	Fair	Emotional
Low	Distorted	Caucasian	Cursing	Laughing
Raspy	Stuttery	Black	Abusive	Rational
Pleasant	Nasal	Spanish	Religious	Irrational
Name			Date	
PLAN D LOSS OF UT	ILITY PLAN			
PURPOSE:			ons to be taker any utility services	
UTILITY OUTAGES:	Any utility Administrat The Chief responsible company of	outage should or. Administrative e for calling r service repres	I be reported image of the common of the com	mediately to the nistrator shall be supplying utility gency repair.
LOSS OF UT		ithout major ha	rdships.	
LUSS OF UT	ILITIES			
A. Electrical	Power: Flas	shlights and	battery	

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Regulation:

Regulation:		
	operated lanterns are to be used. Serve cold dishes using disposable plates and cutlery.	
B. Water	Thefacility stores emergency drinking water in bottles. Limit flushing of toilet. Ordered bottled water. Use paper plates/disposable cutlery. Use stored water.	
C. HVAC:	Depending on the season and weather conditions: (Loss of heating, ventilation and air conditioning systems)	The facility can use electric heaters. *obtain/set up portable fans *open windows and doors may be used with approval of Administrator *obtain heating units *obtain extra supply of blankets
D. TELEPHONES: (Loss impacts internal and external communications)	*The group facility has cellular phones installed in vans which may be used in the event of total phone failure (i.e., cable has been cut).	

GUIDELINES FOR PERSON IN CHARGE DURING

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UTILITY LOSS:

The worst case scenario for utility loss is total failure of utilities in the event of electrical power outage. This occurrence would mean that the following has been affected:

Telephone System

Lighting

Heating, Ventilation and Air Conditioning

Refrigeration

TELEPHONE COMMUNI-CATION:

In the event of loss of all power, the facility will lose telephone capability associated with the telephone system. There are, however, alternative means of communicating internally and externally:

Additionally, each facility is equipped with a cellular phone. This phone may also be used, but normally is considered backup for disruption of phone service such as what may prevail when an underground cable is out. There is a Mobil cellular phone in the Administrator's possession as well as totaling two (2) mobile telephones devices for use.

LIGHTING:

In the absence of emergency power, flashlights and battery operated lanterns are stocked with backup supplies.

RESPONSI-BILITIES OF MANAGER IN CHARGE:

Determine/confirm extent of disruption of service.

Contact the Administrator who will notify the Chief

Administrative Officer.

Determine the status of all residents and initiate problem solving groups with residential staff. Assess whether additional resources will be needed early to allow time for "reinforcements" to arrive at facility.

The above steps reflect the priorities for action as follows:

1. Ensuring safety of residents.

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2. Getting repairs underway through internal or external resources.

3. Notifying Administration and Owners

The Administrator will ensure the facility maintains a well stocked first aid kit accessible to staff. The kit will be checked for completeness and product expiration on a monthly basis by the Safety Officer. Depleted or expired products will be replaced. The emergency equipment and supplies will include: activated charcoal, adhesive tape, antiseptic ointment, band-aids (assorted sizes), blankets, disposable single use breathing barriers/shields for use with rescue breathing or CPR (CPR Mask or other type)

Cold Pack

Disposable Single use waterproof gloves Gauze pad and roller gauze (assorted sizes) Hand cleaner Plastic bag Scissors Small flashlight and extra batteries Thermometer Triangular Bandages Tweezers

PLAN E

MEDICAL EMERGENCY

First Aid Instructional Manual

INTRODUCTION: Recognizing the limitations in scope of emergency services provided by the facility, the facility shall transfer on an emergency basis any resident who becomes medically unstable to a more appropriately equipped/staffed facility. Should a resident or non-resident experience an accident or sudden onset of a medical condition beyond the scope of the facility level of care, the facility shall provide medical care as directed by the physician, comfort care, first aid or CPR and make arrangements to transport to the nearest emergency room or call 911.

> This plan is written to assist staff in coordinating effective responses and minimize to the extent possible the disruption of care to our residents.

INITIAL

RESPONSE:

When a medical emergency exists, the first person on the scene (sometimes referred to as rescuer) should initiate appropriate intervention procedures and request the second

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person on scene to alert the supervisor to initiate a coordinated response.

ALERT NOTIFICATION PROCEDURES:

1. Dial 911

- 2. Give exact location calling from, location of emergency, resident/non-resident involved.
- 3. Repeat message and ensure operator repeats your message.
- 4. Notify staff on duty and call Administrator.

STAFF RESPONSES:

CPR:

Providing basic life support should be the primary goal of all direct care staff persons responding to a medical emergency. This means initiating cardiopulmonary resuscitation, and if necessary, following physician's orders for emergency treatment as given.

The most knowledgeable and qualified staff person arriving on the scene shall take charge and lead those responding to the codes

TRANSFER:

The second most important goal is the arrangement of transportation to the appropriate medical facility. In most cases, persons in acute medical crises will be transported to the hospital of the attending physician's choice, in the most expedient manner, utilizing rescue squad vehicles or transport vans.

DOCUMEN-TATION:

The third most important responsibility of the team is to appropriately document all emergency measures and treatments initiated in the medical record.

In the event that emergency measures were provided to a

resident, documentation should consist of:

- * A "face sheet"
- * Progress note

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- * Resuscitation record if applicable/Advanced Directives, MAR, Copy of Authorization or Medical Treatment.
- * Physician Consultation Form

An incident report should be completed on all medical emergencies. The report should include time, details of incident, treatment rendered, notification of physician, notification of the family, licensing specialist and disposition of the resident.

COMMUNICA-TION

The fourth step is communication of events with appropriate individuals. The Administrator or designee will notify the attending physician if he has not been communicated with earlier in the event. The Administrator shall then contact the resident's legal guardian and family members. The Administrator will notify the Chief Administrative Officer.

TRANSPORTA-TION

The decision to transfer/transport a resident to a hospital shall be made by the resident's attending physician or physician designated by the attending physician to cover in his/her absence or EMS. Residents requiring emergency room services shall be transported to the facility designated by physician order or EMS.

The choice of transportation to be used in transfer is primarily dependent on the acuity of the resident's/employee's condition and the expediency with which the service may be delivered. The options available include:

- a. VAN: Generally choose when needs of resident are limited to transport and not life threatening.
- b. *Rescue squad: 911
 *Identify yourself with full name and job title
 *State: MEDICAL EMERGENCY
 AT Community Alternatives Assisted Living, LLC
 Facility at 618/620 N. 32nd St. Richmond, VA 23223

Approved by: Denesha Alexander Regulation:

Review Date: June 2016

*State the type of medical emergency (i.e., cardiac/respiratory arrest, long bone fracture).

*Dispatch staff to direct rescue vehicles and expedite pick up.

*Page supervisor.

Whenever a resident/employee is transported to another medical facility by van or ambulance he/she must be accompanied by a staff with supporting documents i.e. face sheet, MAR, DNR, etc. .

ROLES OF CAREGIVERS:

Administrator: The Administrator is responsible for ensuring intervention is initiated and directions of physician are carried out.

Directs arrangement of necessary transportation for resident transfer.

Contacting the receiving medical facility and alerting the triage nurse of the resident's condition and time of departure from the facility.

Ensuring appropriate documentation of medical crises to include narrative in medical record and Incident Report.

Contacting resident's physician (if previously unavailable) and family if necessary.

Ensure that appropriate information is provided to the receiving facility, i.e.:

- a. Obtain a signed release of information form.
- b. At time of transfer, or as promptly as possible after, send a Xerox copy of the following from the medical record:

*Current medical findings including a note about the emergency problem, treatment, and medications given.

*Diagnosis

*Resident's face sheet

*Legal Guardian consent for emergency medical and dental treatment

*History & Physical

*Psych evaluation

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*Recent lab

*Recent progress notes

SPECIAL CONSIDERA-TION:

If the resident is admitted to the receiving hospital, she will be discharged from the facility in accordance with the bed hold policy, unless other arrangements are made by the placing agency and legal guardian. The resident's clothes and other personal belongings and valuables should be given to the resident's legal guardian.

If there is no family available, immediately store resident's belonging until the family comes to pick them up and note in the medical record this has been done.

The resident will be re-admitted as soon as the medical emergency problem has been treated and can return to resume the course of care for which the resident was admitted at the facility.

If the resident is treated and released to the facility the same day, the facility staff will remain with the resident at the receiving emergency center, and when the resident is ready to return, call the facility to make arrangements for transportation back to this facility via the facility vehicle.

NON-RESIDENTS: If the emergency situation involves a facility employee or visitor, the following must be done:

- a. The Employee Incident Report must accompany the injured person carried by the staff person accompanying the injured.
- b. Completed form, upon treatment, must be returned to the facility and forwarded to the Administrator.

PLAN F PSYCHIATRIC EMERGENCIES

PSYCHIATRIC EMERGENCY INITIAL RESPONSE:

When a psychiatric emergency exists, staff should begin appropriate intervention procedures and request that

someone alert the on-call Administrator.

TEAM's

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Regulation:

RESPONSE:

Staff members who have been trained in Crisis Prevention Intervention (CPI) at the facility, when alerted, should go

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directly to the problem area.

Other personnel in the area, but not involved in the situation, should remain with the other residents, moving them away from the area and involving them in other activities.

The following guidelines should be used when responding to a psychiatric crisis:

- Dispense with any hazardous objects. Remove from your person any objects which could become damaged or cause injury to either yourself or the resident. This includes such things as jewelry (pins, chains, bracelets, and earrings), eyeglasses, pens and pencils, scarves around neck, jackets, etc.
- Know who the "leader" of the team is. This is extremely important because if there is no leader, or if there is more than one leader, the team will not function effectively.
 - a. Generally, the person already dealing with the resident will be the leader and guide the team unless relieved by the Administrator or designee.
 - b. If the person leading is unfamiliar with the resident, he/she will inform the team member who best knows the resident of the rationale for calling for help, and turn the leadership over to that staff member.
- 3. One person only, the "leader", talks with the resident and the team members. The leader provides all verbal direction to the other team members. Other team members are not to interfere in the communication to the resident unless the leader requests communication from a team member.
- Be sure you understand the objective and your special assignment. The leader will state the objective—for example, to remove the weapon

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from the resident, etc. He/she will also give verbally directions limb assignments—for example, "John, right arm; Mickey, left arm;

CPI

APPROACHES:

Team members should use the following approaches based on the CPI Program and the leadership of the Team Leader:

- 1. One person will remain with the resident experiencing crisis, simply to monitor the resident unless the resident becomes dangerous.
- 2. The team will assemble to organize and be given a short overview of the problem.
- 3. A team leader will be identified.
- 4. Team Leader will assign duties such as handling body parts, removal of furniture, etc.
- 5. Team members shall follow the leader's direction.
- Team Leader will talk with resident, giving resident choices and specific time frame in which to make a choice.
- 7. Once the resident has made his/her choice, the team will act immediately, still under leader's direction.
- 8. The team leader will signal physical intervention using the word "NOW."
- 9. Methods of restraint will follow the guidelines taught in CPI Training to include physical holds.
- If necessary call Crisis Intervention—Richmond Behavioral Health Authority Board—804-819-4000—for assessment.

DISSOLVING THE CODE:

The team remains together until the crisis has been controlled appropriately and the leader dismisses the team. Prior to dismissal, the leader and the team will process and critique the intervention in terms of performance and suggestions for improvement of technique.

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The team leader is responsible for processing serious incident Reports if a resident, staff member is injured, or if property has been damaged. Names of team members should be listed as witnesses.

PLAN G EVACUATION PLAN

In assessing the potential of the need of a total facility evacuation, the facility determined the most likely scenario for evacuation would be responding to actual environmental or man-made events rather than the threat of one.

At such time that it is determined that a disruption of service is to extend beyond facility capability or that resident care could be compromised, the total facility evacuation plan shall be implemented.

DECISION TO EVACUATE:

The decision to evacuate shall be made by the Administrator or designee after consultation with the Safety Committee of the facility. Transfer facilities within the area include:

Hampton Inn 421 International Center Dr. Sandston, Virginia 23150 804-226-1888

CASE MANAGEMENT ASSIGNMENT:

Staff shall be assigned to each resident to specifically handle the detailed disposition of no more than two residents. Staff positions who would assume the role include:

> Chief Administrative Officer Administrator, Assistant Administrator Direct Care Staff

The scope of the assignment responsibility includes notification of licensing, Legal Guardians, contacting admissions department of appropriate receiving facilities,

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communicating to appropriate subgroups as to support needs, as well as tracking residents post-discharge.

CENTRALIZED SUPPORT FUNCTIONS:

The facility shall coordinate the following efforts and assign

as follows:

(*primary responsibility)

a. Notification of licensing, residents	Administrator
Families or referral sources	
b. Notification of third party	Administrator
payors/agencies regarding resident	1
disposition	
c. Resident transportation (use of	Administrator
group	
facility vehicles, rescue squad,	
ambulance service, Med-Flight,	
National Guard, commercial	
Transportation	
d. Medical records to accompany	Assistant Administrator
Resident	Assistant Authinistrator
(securing, copying, completion)	Assistant Administrator
e. Inventory and gathering of Resident	Assistant Administrator
personal effects	
f. Notification of staff and Coordination	To Be Assigned
of	Į į
personnel pool (to run errands,	
assist	
with calls)	
g. Notification of facility insurers,	Administrator
Licensing agencies, etc.	
h. Centralized Information Services	Administrator
(media)	
i. Disruption of business operation	Administrator
j. Physical Plant normalization (interim	Safety Officer
measures and cleanup and	
contracting	
for repair)	
k. Supplies/equipment	Safety Officer
I. Medications—3 day supply	Assistant Administrator
i. modications—o day suppry	1 TOOLOGGE TOTALINGG GEOT

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FIRE PLAN

The plan shall be reviewed annually by the Safety/Risk Management Committee and revised or updated as necessary. It is the responsibility of the Administrator to ensure that any revised copies of the evacuation plan are forwarded to the Safety/Risk Management Committee within 10 days of revisions. Operating Procedure:

The respective Fire Marshall's Office and the Safety/Risk Management Committee for the facility review the facility's emergency preparedness annually. The review includes the following:

- Location of building/floor plan
- Exit signs and directional arrows for traffic flow
- Location of posted plans within the house
- Location of smoke detectors and fire extinguishers
- Provisions for monthly drills
- Location of fire ladders where appropriate
- 1. In the event of visual observation of smoke or fire or an alert from smoke detection

devices, staff members on duty shall:

- a. Get occupants out of immediate danger
- b. Sound a verbal/audible alarm to evacuate the building
- c. Call the fire Department (911)
- d. Account for all occupants (residents, staff, and visitors) at the predetermined meeting point: mailbox in front of the house
- 2. If one staff member is on duty, then that person will be responsible for supervising a calm, orderly and immediate evacuation of the facility. Staff shall pay particular attention to aid any sick, injured, or resident with special needs. The staff member shall be responsible for ensuring an accurate headcount at the pre-determined assembly point mailbox. This staff member shall supervise the group and notify the Fire Department if the fire is not immediately extinguished. If not deemed excessive risk, the staff member shall collect and remove all resident charts during the course of the evacuation.
- 3. If two or more staff members are on duty, one shall be designated as fire fighter and the other as supervisor of residents. Any additional staff will be assigned as needed and should ensure that all resident charts, staff phone list, and the van keys are removed from the building unless excessive risk prohibits such actions. The staff members assigned as supervisor of residents shall carry out all duties as described in (2) above while the staff

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assigned as fire fighter shall call 911 and if in his/her judgment it is prudent and without excessive risk, attempt to contain or extinguish the fire with fire extinguishers and ensure any doors that may limit the spread of fire are closed. Remember fire extinguishers are for small fires, when in doubt contact the department.

- 4. Staff shall communicate with the emergency response personnel the situation status and a completed headcount. Any unaccounted for persons must be communicated to the emergency response personnel.
- 5. The facility shall have a clearly posted fire exit plan and a pre-arranged assembly point. The facility fire exit plans are posted next to each exit door and in the upstairs hallway. The fire plan shall specify alternative exit points to be used if the primary exit is blocked. This evacuation plan is posted next to the exit plans. Assembly points for the facility areas at least 30 feet away from the building. Every occupant of the building shall be required to exit the building whenever a fire alarm is sounded or a drill is conducted. The fire exit plan include location to shut off utilities and fire extinguishers.
- 6. Each and every fire drill and practice fire drill shall include:
 - a. Identify person conducting the fire drill
 - b. The date and time of drill
 - c. The methods used for notification of the drill
 - d. The number of staff participating
 - e. Any special conditions simulated
 - f. The number of residents participating
 - a. The time it took to complete the drill
 - h. Weather conditions
 - i. Problems encountered
- 7. Fire drills shall be conducted at least once per month in each building without fail:
 - a. Each succeeding fire drill shall be held at a different hour from the preceding drill and on a different work shift so that in any three-month period all shifts have had drills.
 - b. At least every third drill shall be held during sleeping hours.
 - c. At least every quarter there will be a practice drill for education of staff and residents in which one or more residents are designated sick, injured or disabled, and practice use of all equipment and all procedures is carried out. Residents shall receive advance notice of practice drills. The practice exercises are teaching events during which time staff members shall teach residents the fire evacuation plan and rehearse specific escape procedures. <u>Practice drills will not be</u> <u>counted as the monthly drill!</u> A regular fire drill evacuation form

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should be completed and marked "practice." The practice drills will be reviewed during the next scheduled staff meeting.

- d. During a fire drill all windows and doors shall be closed. All appliances shall be turned off. All lights shall be left on.
- e. As part of a new resident's orientation he/she shall be instructed as to the location of smoke detectors and their sounds and shall be oriented to fire drill procedures, the location of the assembly point and their role in a fire drill or evacuation.
- f. All fire fighting and fire warning equipment shall be inspected regularly.

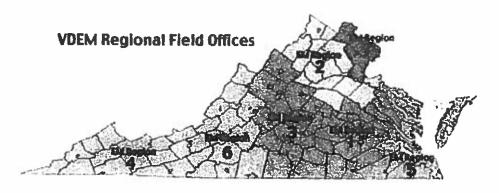
 *Fire warning devices (smoke detectors) shall have batteries checked on a monthly basis and replaced every quarter. Fire extinguishers shall be checked and initialed by staff monthly to ensure adequate charge and that they are in operable condition. Fire extinguishers are to be inspected annually by professional fire extinguisher company.
- g. New staff members shall read, study, and be instructed in the implementation of the facility fire plan and documented in the employee file.
- h. A general training session in the use of fire extinguishers and moving sick or injured residents shall be conducted for the staff at least once a year.
- i. The Administrator will be the monitor for internal compliance with this procedure. The Administrator is responsible for ensuring compliance.
- j. In the event of a fire, no matter how small, the following persons should be notified in this order and an incident report completed (when and only when the above plan has been carried out and all occupants accounted for):
 - * Chief Administrative Officer
 - * Administrator
 - * Owner- Regulating Authority Resident's Legal Guardian The Administrator in consultation with the owner of Community Alternatives Assisted Living, LLC will adhere to the following general guidelines in regards to responding to emergencies in addition to policies and procedures established by the company. As necessary and warranted by emergency conditions the Administrator of Community Alternatives Assisted Living, LLC will contact the Regional Coordinator of Virginia Department of Emergency Management and follow his advisement. The Administrator will also follow directives communicated through the media. The Administrator will document all contacts with the Regional Coordinator or other personnel from that agency. The CAO is responsible for contacting the local emergency coordinator

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and the regulatory authority. Review of the initial emergency preparedness plan with the local emergency coordinator and annually there after. The CAO will document contact with the local emergency coordinator. Contact will be made to address local disaster risks. community wide plans and assistance that may be provided to the facility. All contact will staff will be made by the Administrator Designee to keep staff apprised of conditions.

Regional Coordinator



Region 1 - Richmond/Henrico - Gene Wills

10501 Richmond. Trade

Court VA23236

E-mail: gene.wills@vdem.virginia.gov

Chesterfield County/Curt Nellis, Emergency Manager

P. O. Box 40 Chesterfield, VA 23832 Telephone: 804-751-1000 email: nellisc@chesterfield.gov

Administrative Headquarters

Switchboard Number: (804) 897-6500

Mailing Address: Virginia Department of Emergency Management 10501 Trade Court Richmond, VA23236

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Public Information Office and Webmaster E-mail: pio@vdem.virginia.gov

Virginia Emergency Operations Center

Switchboard Number: (804) 674-2400

Mailing

Address:

Virginia

Emergency

Operations

Center

7700

Midlothian

Turnpike

Richmond, VA23235

Local Support Services expands upon the work of the agency's Field Services activity, which employed three regional coordinators to provide hands on emergency management support/resources to local jurisdictions. Almost identical to the Virginia State Police Divisions, the seven, newly designated Emergency Management (EM) regions contain an average of 16 - 20 jurisdictions.

A dedicated, professional regional coordinator has been assigned to each EM region to provide ongoing support in the design, development, analysis and implementation of comprehensive all hazards emergency management programs at the local and regional levels.

LSS is the eyes and ears of VDEM senior staff, offering an unparalleled opportunity to forge strong relationships that will enhance our ability to effectively partner with Virginia localities in times of crisis. During normal operations, these field coordinators will maintain a continuing dialogue between localities and VDEM central office staff to ensure that state and federal programs support and enhance development of comprehensive local emergency management capabilities. They will also help to synchronize target and threat assessments, state planning, federal funding and incident management activities between state agencies and localities.

When major emergencies or disasters affect communities, the regional coordinators provide critical coordination of information and resources to those communities in order to alleviate problems and to promote a return to normalcy

According to the National Weather Service, flash flooding is the No. 1 weather-related killer in the U.S., costing an average of \$3.7 billion annually. FEMA cites

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Review Date: June 2016

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flooding as the cause of 90 percent of all natural disaster damage, excluding drought.

Flood Risks Extend Statewide

Flooding events caused by severe storms, hurricanes, tropical storms and tropical depressions have plagued the Commonwealth of Virginia. Virginia's abundance of water, its many low-lying areas and its coastline make it particularly susceptible to flooding.

Between 1996 and 2005, Virginia experienced 13 flood-related federally declared disasters, and 12 hurricanes tracked across the state, including Floyd, Jeanne, Isabel, Bonnie, Fran and Dennis.

- Tropical Storm Gaston (2004): This storm stalled over the commonwealth and dropped 12 – 14 inches of rain in Richmond in less than 10 hours, causing devastating flash floods.
- Hurricane Fran (1996): Widespread 5- to 10-inch amounts of rain were recorded over the Middle Atlantic region with 14 to nearly 16 inches in parts of Virginia. Flood damage across the state totaled approximately \$1 billion.
- Severe Storm (June 1995): This was the worst flash flooding in Virginia since Camille in 1969. It is estimated that near 20 inches of rain fell in southwestern Madison County in less 12 hours.

Key Virginia Flood Insurance Statistics

(Source: National Flood Insurance Program)

Virginia is not flood-insured. Even though there are nearly 2.7 million households in Virginia (2000 US Census), there are less than 92,000 flood insurance policies in effect throughout the state (data as of 5/31/2006).

If you live in a highest-risk area (special flood hazard area), you need to be covered by flood insurance. Fifty-two percent of households in the highest-risk areas of the state are financially protected with flood coverage. However, more than 16,000homeowners lack this vital protection against the devastating effects of flooding.

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You don't have to live in a highest-risk area to be at risk for floods. Approximately 25 percent of all flood claims occur outside of a special flood hazard area, yet only 4.3 percent of Virginia households in low-to moderate-risk areas are covered with flood insurance protection.

The Virginia Department of Emergency Management, the National Weather Service and local emergency management officials offer these safety tips to protect lives and reduce property damage during hurricane season, June 1 to November 30:

Before the storm

- Learn the difference between a watch and a warning. A hurricane watch indicates that hurricane conditions are possible in your area within 36 hours. A hurricane warning indicates that hurricane conditions are possible in your area within 24 hours.
- Know your risk. Consult your local emergency management office to find out if your area is flood-prone or for local preparedness information.
- If you live in a flood-prone area, identify where to go if ordered to evacuate
 and the safest route to get there. If there is a flood, you may only have
 minutes to get to safety. Choose several places a friend's home in
 another town, a motel or a shelter. Remember, public shelters and many
 motels don't allow pets in their facilities.
- Cut dead trees and limbs that could fall on your home.
- If your home or business is in a flood-prone area, make sure you have a
 current flood insurance policy (not typically part of a standard insurance
 policy). A 30-day waiting period is generally required to purchase flood
 insurance, so take time now to visit your insurance agent to learn more.
- Take pictures of your property before the storm to help validate your claim and remember to take your policies with you if you need to evacuate.

When a hurricane is approaching

- To help keep food cold for several hours if the power goes out, fill plastic containers with water, leaving about an inch of space inside each one. (Remember, water expands as it freezes, so it is important to leave room in the container for the expanded water.) Place the containers in the refrigerator and freezer. This chilled or frozen water will help keep food cold for several hours if the power goes out.
- Fill your bathtub with water to use for toilet flushing in case water services are unavailable following the storm.
- Bring in garbage cans, lawn furniture and other items that could blow away.

Approved by: Denesha Alexander Regulation:

Review Date: June 2016

 Fill your car's gas tank. Functional gas stations will be in short supply in a power outage.

If heavy rains occur

- Floods are deceptive. Avoid already-flooded areas. Floodwaters that are above your knees are dangerous. Turn around and go back to higher ground.
- If you find floodwaters on the road while driving, turn around and find an alternate route. The road could have washed out and rapidly rising water could lift your car and carry it away.

After the storm

- Prepare to be without power, telephone or any outside services for a week or more.
- Watch out for downed power lines, weakened structures, rodents and snakes, and avoid standing water.
- Avoid drinking tap water unless officials say it is safe to do so. Eat only foods you are absolutely sure are safe.
- Be extra careful when handling power tools, gas lanterns and matches.
- Operate generators outdoors only in a well-ventilated, dry area, away from air intakes to the home. Never use a generator indoors or in attached garages. Poor ventilation can result in carbon monoxide poisoning or death.
- Avoid using candles as a light source. Deadly fires can result

Preparing for Tornadoes

Prepare a home Tornado Plan

Develop a safety plan for you and your family for home, work, school and when outdoors. Make sure you practice the plan. Review the plan on days when severe weather is forecast for your area.

- Pick a place where family members could gather if a tornado is headed your way. It could be your basement or, if there is no basement, a center hallway, bathroom or closet on the lowest floor. Keep this place uncluttered.
- If you are in a high-rise building, you may not have enough time to go to the lowest floor. Pick a place in a hallway in the center of the building.
- Assemble a Tornado Safety Kit containing:
 - First aid kit and essential medications

Review Date: June 2016

Approved by: Denesha Alexander Regulation:

- Battery-powered radio, flashlight and extra batteries
- Canned food and manual can opener
- Bottled water
- Sturdy shoes and work gloves
- Also include in the kit written instructions on how to turn off your home's utilities.
- Have a <u>NOAA Weather Radio</u> with a warning alarm tone and battery backup to receive updated forecasts and critical information such as watches and warnings.
- Keep a Virginia map handy to help you follow the movement of threatening storms from weather bulletins

Responding to Winter Weather

During the winter months, keep an eye on your local weather forecasts. When the forecast calls for severe winter weather, be sure to monitor your local radio, TV or NOAA Weather Radio stations for updated information. Listen for winter-related watches and warnings, and be ready to take action.

When the weather turns cold, make sure that company vehicles' gas tanks are kept full to prevent freezing of gas lines. Also, propane and oil tanks used for power and heating should be kept stocked.

When a winter weather advisory is issued

- Winter weather conditions are expected to cause difficulty and might be dangerous.
- These situations should not become life-threatening as long as caution is taken.

When a winter storm watch is issued

- Severe winter conditions, such as heavy snow or ice, are possible within the next day or two.
- Prepare now. Make sure your disaster supply kits are fully stocked and that all vehicles are fueled up and winterized (with antifreeze, etc.).
- Be sure animals or livestock are in a warm, dry place.

When a winter storm warning is issued

- Severe winter conditions have begun or are about to begin in your area.
- Stay indoors if possible. Travel only if absolutely necessary.

Approved by: Denesha Alexander

Regulation:

When a blizzard warning is issued

 Snow and strong winds will combine to produce a blinding snow with near zero visibility, deep drifts and life-threatening wind chill.

Review Date: June 2016

· Stay indoors if possible. Travel only if absolutely necessary.

Winter-Related Medical Emergencies Frostbite: Frozen body tissue

- **Symptoms:** Loss of feeling in the extremity and a white or pale appearance. Fingers, toes, ears and the tip of the nose are most susceptible.
- **Treatment:** Get medical attention immediately. Affected area(s) should be slowly rewarmed.

Hypothermia: Occurs when the body's temperature falls below 95°F.

- **Symptoms:** Uncontrollable shivering, memory loss, disorientation, incoherence, slurred speech, drowsiness and exhaustion.
- Treatment: Get medical attention immediately. If you can't get help quickly, begin warming the body slowly. Warm the body first, not the extremities. Get the victim into dry clothing and wrap in a warm blanket covering the head and neck. Do not give the victim alcohol, drugs, coffee or any hot beverage or food. Warm broth and food is better.

To report suspicious activity:

• Call the toll-free Terrorism Hotline at 877-4VA-TIPS (877-482-8477), or

The U.S. Department of Justice defines terrorism as the unlawful use of force or violence committed by a group or individual against persons or property to intimidate or coerce a government, the civilian population, or any segment thereof, in furtherance of political or social objectives.

According to the Virginia Crime Prevention Association, terrorism is a politically motivated crime to elicit fear, panic and disorder. Terrorists use many different criminal acts to support their mission including kidnapping, cyber terrorism, illegal drug dealing, and identity theft, and fraud, burglary and auto theft.

For more information about terrorism, be sure to visit the <u>Virginia Fusion Center</u> Web site.

Approved by: Denesha Alexander

Review Date: June 2016

Regulation:

Responding to Blackouts

If your power goes out:

- Use your emergency supply kit if needed during the blackout.
- Use a flashlight only for emergency lighting. Never use candles.
- Unplug electrical equipment until a steady power supply returns.
- Do not run a generator inside your home. Doing so will produce carbon monoxide, which can be deadly.
- Listen to your emergency alert, radio or TV station for further information.
- Leave one light turned on so you know when power is restored.
- · Eliminate unnecessary travel, especially by car. Traffic signals will stop working during an outage, creating traffic congestion.
- If power is restored, be certain it is steady before you plug equipment into

Homeless Shelters and Community Supports:

Greater Richmond Red Cross 420 East Cary St RichmondVA23219 804.780.2250 804.780.2263 Fax

Goodwill Industries

6301 Midlothian Turnpike, Richmond, VA23225

Number: (804)

Fax Number: (804) 276-6519

745-6300

THE MOST GOOD 804-225-7470

The Salvation Army Richmond Area Command 2 West Grace Street P.O. Box 12400 Richmond, VA23241

Good Samaritan Ministries

Approved by: Denesha Alexander

Review Date: June 2016

Regulation:

2307

Huli

Street VA23224

Richmond,

(804) 231-9995

The CAO will document contact with the local emergency coordinator. During this contact the CAO will inquire with the coordinator about

- 1. Local disaster risks
- 2. Community plans to address different disasters and emergency situations.
- 3. Assistance the local emergency management office will provide to the home in emergencies.

The CAO or designee is responsible for contacting employees, the regulating authority, legal guardian and/or Legal Guardians as needed to keep them abreast of changes with the home, hazards and/or precautionary measures. All contacts or attempted contacts will be documented to include:

- 1. Date/Time contact mode or attempted
- 2. Individual contacted
- 3. Information communicated

The CAO or designee is responsible for ensuring all employees are trained on how to shut off utilities when necessary. This training will be provided during orientation.

Missing Residents

A missing resident is any resident whose whereabouts are unknown to staff. Prior to determining a resident is missing, staff should engage in the following tasks:

- 1. Search the home premises thoroughly to include the yard and immediate area of the facility
- 2. Inquire with other residents about the possible whereabouts of the resident

Provided the resident cannot be located:

If the resident cannot be located after one hour the on call staff will do the following:

- Contact the local police department and complete a missing persons report
- 2. Contact the resident's legal guardian to advise of the resident's status and next of kin

Approved by: Denesha Alexander Regulation:

Review Date: June 2016

- 3. Complete a Serious Incident Report and advise the regulatory authority
- 4. Document contact with the local police department and resident's legal guardian and next of kin

BYLAWS OF Community Alternatives Assisted Living, LLC

ARTICLE I

Section 1

The name of this organization shall be Community Alternatives Consortium, a private organization incorporated in the State of South Virginia, henceforth referred to as the Corporation.

Section 2

Area. The primary area of benefit shall be the Richmond, Virginia (Metropolitan Area); however, other communities may be supported by the Corporation.

Section 3

<u>Principal</u> Office. Initially, the principal office of the Corporation shall be located at 618 N. 32nd St. Richmond, Virginia 23223. Later, the office may be located where the Manager considers it to be most beneficial.

Section 4

Other Offices. The Corporation may have offices at such other places in Virginia or outside the State of Virginia as the Manager may designate or as the affairs of the Corporation may require from time to time.

ARTICLE II Purposes

Section 1

<u>Purposes</u>. All of the purposes of the Corporation are consistent with maintaining a licensed assisted facility per the regulation of the Virginia Department of Social Services. The corporation is for profit. Agency will operate per it's license with the regulatory authority, Virginia Department of Social Services.

Section 2

<u>Limitations</u>. Will operate a license for an assisted living facility.

ARTICLE III
Members

Owner and managing partner is Denesha Alexander.

ARTICLE IV Manager

Section 1

General Powers. The owner of the Corporation shall be vested. The business and affairs of the Corporation shall be managed by its Manager. The Manager will have the authority to hire all staff members to execute the daily and other affairs of the Corporation. The Manager shall consider and approve a budget for each fiscal year. The Manager shall have general control of the affairs, funds and property of the Corporation and shall determine policy and establish guidelines for the effective conduct of the business affairs of the Corporation.

Section 2

<u>Number, Term and Qualifications</u>. Denesha Alexander is the only manager, member. Denesha will serve as manager/member for the duration of company's existence. The member/manager has experience and education managing human service entities.

Section 3

Initial Election.

N/A

Section 4 Appointment of Directors

N/A

Section 5 Removal

N/A

Section 6 Vacancies

Section 7

President of the Board.

Denesha Alexander serves as president and managing member.

Section 8	
Compensation. N/A	
	ARTICLE V
Section 1	Meetings of Directors
Annual Meeting. Annual review betw	reen president/accountant and attorneys.
Section 2	
Regular Meetings. N/A	
Section 3	
Special Meetings. N/A	
Section 4	
Notice of Meetings. N/A	
Section 5	
Quorum. N/A	
Section 6	
Manner of Acting. President makes	all decisions.
Section 7	
Presumption of Assent. N/A	
Section 8	
Informal Action by Directors. N/A	
	ARTICLE VI Executive Committee

Section I	
Creation. President makes all de	cisions.
Section 2	
Vacancy.	
N/A	
Section 3	
Removal. N/A	
Section 4	
Responsibility of Directors. N/A	
	ARTICLE VII Standing Committees
Standing Committees. N/A	
	ARTICLE VIII Community Advisory Board
N/A	ARTICLE IX Officers
Section 1	
Officers of the Board. Company only has a president.	
Section 2	
Election and Terms. N/A	
Section 3	
Removal N/A	

Section 4

President. The President shall preside at all meetings of the Corporation. He or she shall promote the interests of the corporation and shall be the accredited representative of the Corporation at outside meetings unless he or she shall delegate this authority to someone else. The President shall be the principal executive officer of the Corporation and subject to the control of the Corporation, shall in general supervise and control all of the day to day business and affairs of the Corporation. He or she shall sign the Corporation, any deeds, mortgages, bonds, contracts, or other instruments. In general he or she shall perform all duties incident to the

office of President and such other duties as they may come up.

Vice President. N/A

Section 6

Section 5

Secretary.

President will engage secretarial and administrative functions.

Section 7

Treasurer.

N/A

Section 8

Filling of Vacant Office.

N/A

ARTICLE X Specific Operating Procedures

Section 1

Rules.

N/A

Section 2

Meeting Frequency. The President shall schedule meetings as needed w/others.

ARTICLE XI Contracts, Loans, Checks, and Deposits

Section 1

Contracts. The President Manager may

enter into a contract or to execute and deliver any instrument in the name of and on behalf of the Corporation, and such authority may be general or confined to specific instances.

Section 2

Loans. No loans shall be contracted on behalf of the Corporation and no evidence of indebtedness shall be issued in its name unless authorized by the President.

Section 3

<u>Checks and Drafts</u>. Checks, drafts, or other orders for payment of money issued in the name of the Corporation, shall be signed by the President of the Corporation.

Section 4

<u>Deposits</u>. All funds of the Corporation not otherwise employed shall be deposited from time to time to the credit of the Corporation in such depositories as the President may select.

ARTICLE XII

Seal

N/A

ARTICLE XIII
Fiscal Year

The fiscal year of the Corporation shall begin on the first day of January and end on the last day of December each year.

ARTICLE XIV Waiver of Notice

N/A

ARTICLE XV
Amendments

Except as otherwise provided herein, these bylaws may be amended or repealed by the President.

Adopted this January 1, 2009.